

1 **Fabrication and Evaluation of PVA-NYS-THY Nanofiber Scaffolds as Antifungal Agents**  
2 **Against Fluconazole-Resistant *Candida glabrata***

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16 **Abstract**

17 The emergence of fluconazole-resistant *Candida glabrata* poses a significant challenge in antifungal therapy,  
18 necessitating alternative treatment strategies. *C. glabrata*, an opportunistic yeast, exhibits increasing resistance to  
19 common antifungals like fluconazole, often through efflux pump overexpression, leading to compromised treatment  
20 efficacy, higher mortality, prolonged hospital stays, and increased healthcare costs. This study focused on fabricating  
21 and evaluating polyvinyl alcohol-nystatin-thymol (PVA-NYS-THY) nanofibrous scaffolds as a novel antifungal  
22 approach against fluconazole-resistant *C. glabrata*. Clinical isolates were identified and assessed for resistance using  
23 culture methods, molecular assays, and antifungal susceptibility testing. PVA-NYS-THY nanofibers, produced via  
24 electrospinning, exhibited uniform fibers with an average diameter of ~100 nm (confirmed by scanning electron  
25 microscopy). Fourier transform infrared spectroscopy confirmed successful incorporation of functional groups. Real-  
26 time PCR evaluated the nanofibers' effect on secreted aspartyl proteinases (SAP) and agglutinin-like sequence (ALS)  
27 gene expression. Scaffold release kinetics were characterized, and antifungal efficacy was determined using minimum  
28 inhibitory concentration (MIC) assays. PVA-NYS-THY scaffolds showed favorable release profiles and significantly  
29 downregulated ALS and SAP gene expression. MIC values for PVA-NYS-THY, PVA-NYS, and PVA-THY were  
30 7.81, 15.62, and 62.5 µg/mL, respectively, demonstrating superior antifungal activity of the PVA-NYS-THY

31 formulation. These findings suggest PVA-NYS-THY nanofibrous scaffolds offer a promising therapy for fluconazole-  
32 resistant *C. glabrata*, providing a novel solution to overcome current therapeutic limitations.

33 **Keywords:** Antifungal activity; Biocompatible materials; Drug delivery; Nystatin; Thymol

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## 37 **1. Introduction**

38 *Candida glabrata*, an opportunistic yeast within the *Candida* genus, presents a growing threat to human health,  
39 particularly due to increasing antifungal resistance. Candidiasis, infections caused by *Candida* species, can manifest  
40 in various anatomical locations, including the oral cavity, esophagus, vagina, urinary tract, skin, and bloodstream (1).  
41 Immunocompromised individuals are particularly susceptible to severe candidiasis (2). Effective management is  
42 challenged by limited antifungal drugs and the rise of drug resistance, especially in *C. glabrata*, which frequently  
43 exhibits azole resistance due to efflux pump overexpression or *ERG11* gene mutations (3). This resistance leads to  
44 high mortality, prolonged hospital stays, and increased healthcare costs (4), necessitating innovative therapeutic  
45 strategies.

46 Several approaches have been explored to combat fungal infections, including conventional antifungal drugs (e.g.,  
47 azoles, polyenes, echinocandins) and various drug delivery systems. Traditional antifungal therapies often suffer from  
48 limitations such as poor solubility, instability, limited bioavailability, and systemic toxicity (5). For instance, topical  
49 formulations have limited penetration into deeper tissues, while oral and intravenous administrations can cause  
50 adverse side effects. Furthermore, the emergence of drug resistance significantly reduces the efficacy of these  
51 conventional treatments. This highlights the need for improved drug delivery systems.

52 Nanomaterials, particularly nanofibers, offer a promising alternative by addressing these limitations. These ultrafine  
53 fibers (diameter <1000 nm) possess a high surface area-to-volume ratio, tunable porosity, flexibility, and mechanical  
54 strength, enabling improved drug delivery (5). Encapsulating antifungal drugs within nanofibers can enhance drug  
55 solubility, stability, and bioavailability while reducing non-specific toxicity. Controlled release from nanofibers  
56 ensures sustained drug delivery to the infection site, minimizing systemic toxicity and maintaining therapeutic  
57 concentrations at the target site, potentially reducing administration frequency. Various methods exist for nanofiber

58 production, including drawing, template synthesis, self-assembly, and electrospinning (6). Electrospinning, chosen for  
59 this study, offers several advantages over other methods: it is relatively simple, versatile (allowing the use of various  
60 polymers and drugs), scalable for large-scale production, and cost-effective (6). This justifies our choice of  
61 electrospinning for this research.

62 This study develops and evaluates a novel antifungal formulation using electrospun nanofibers loaded with nystatin  
63 and thymol (PVA-NYS-THY) to combat *C. glabrata* infections. Nystatin, a polyene antifungal effective against  
64 *Candida* species, targets ergosterol in fungal membranes, disrupting membrane integrity and causing cell death (7).  
65 However, its clinical use is limited by poor solubility, instability, toxicity, and bioavailability (8). Encapsulation within  
66 nanofibers aims to overcome these limitations. Thymol, a natural phenolic monoterpene with antifungal properties,  
67 disrupts membrane integrity, binds to ergosterol, and increases membrane permeability, facilitating antifungal entry  
68 (9). Combining nystatin and thymol is hypothesized to produce a synergistic effect against *C. glabrata*, potentially  
69 reducing the required nystatin dose and minimizing toxicity (10). This study specifically examines the impact of PVA-  
70 NYS-THY nanofibers on the expression of key virulence genes, *SAP* and *ALS*, in *C. glabrata*. *SAP* enzymes facilitate  
71 tissue invasion and immune evasion, while *ALS* glycoproteins mediate adhesion and biofilm formation (11). We  
72 hypothesize that PVA-NYS-THY nanofibers will modulate these genes, reducing *C. glabrata* virulence. Our goal is  
73 to assess PVA-NYS-THY nanofibers as an innovative antifungal formulation to enhance nystatin efficacy against this  
74 challenging pathogen.

## 75 **2. Materials and methods**

### 76 **2.1. Sample collection and preparation**

77 Oral and vaginal swabs were collected from 100 patients with suspected candidiasis (from October 2023 to March  
78 2024). Samples were cultured on *Candida* chrome agar and incubated at 30°C for 72 hours. Yeast colonies were  
79 initially identified based on morphological and biochemical characteristics. Twelve *C. glabrata* isolates were selected  
80 for further molecular characterization and antifungal testing. This study was approved by the Research Ethics  
81 Committee of Islamic Azad University (RECIAU no: 1401.0445), and all participants provided written informed  
82 consent, adhering to the Declaration of Helsinki.

### 83 **2.2. Molecular Confirmation**

84 Genomic DNA was extracted from the 12 selected isolates using the phenol-chloroform method. The 18S rRNA gene  
85 was amplified by PCR using specific primers (FW: AGCTGGTTGATTCTGCCAG, RV:  
86 TGATCCTCCYGCAAGTTCAC), purified, and sequenced (Pishgam Biotechnology Company). Sequence alignment  
87 (ClustalW) and phylogenetic analysis (MEGA7) confirmed the isolates as *C. glabrata*. PCR was also used to detect  
88 *ALS* and *SAP* gene families using specific primers.

### 89 **2.3. Materials and Nanofiber Preparation**

90 Thymol (C<sub>10</sub>H<sub>14</sub>O, 150.22 g/mol, EC 201-944-8) and nystatin (Sigma-Aldrich) met analytical standards (Ph. Eur.,  
91 BP, NF, USP). Stock solutions (10 mg/mL) were prepared in dimethyl sulfoxide (DMSO). The final DMSO  
92 concentration in experiments was kept below 1% (v/v). Polyvinyl alcohol (PVA, 89,000–98,000 g/mol) was dissolved  
93 in distilled water (10% w/v) and stirred at 80°C for 4 hours. Three nanofiber formulations were prepared via  
94 electrospinning (Nanospinner NS24, Inovenso, Turkey): PVA-nystatin (1% w/v), PVA-thymol (1% w/v), and PVA-  
95 nystatin-thymol (0.5% w/v each). Electrospinning parameters were optimized as follows: flow rate (1 mL/h), voltage  
96 (15 kV), needle-collector distance (15 cm), 25°C, and 40% humidity. Nanofibers were collected on aluminum foil and  
97 dried in a vacuum oven at 40°C for 24 hours.

### 98 **2.4. Nanofiber Characterization and Drug Release:**

99 Nanofiber morphology (diameter) was assessed using scanning electron microscopy (SEM, JSM-6390LV, JEOL,  
100 Japan) after gold coating. ImageJ software was used for diameter analysis. Fourier-transform infrared (FTIR)  
101 spectroscopy confirmed the presence of nystatin and thymol within the PVA matrix. Drug release kinetics were studied  
102 using a dialysis method (12). Nanofibers containing 10 mg of drug were placed in dialysis bags (12,000-14,000 Da  
103 cutoff) and immersed in 50 mL phosphate-buffered saline (PBS, pH 7.4) with 0.5% Tween 80. The bags were  
104 incubated at 37°C with agitation (100 rpm). At predetermined intervals, 1 mL aliquots were sampled and replaced  
105 with fresh PBS. Released drug concentrations were quantified using high-performance liquid chromatography  
106 (HPLC).

### 107 **2.5. Antifungal Susceptibility Testing**

108 Antifungal activity was assessed against *Candida albicans* ATCC 10231 and clinical *C. glabrata* isolates using two  
109 methods: a modified agar diffusion assay and broth microdilution for MIC/MFC determination.

### 110 2.5.1. Agar Diffusion Assay

111 Microbial suspensions were prepared in Mueller-Hinton Broth (MHB), incubated at 30°C for 18-24 hours, and  
112 adjusted to a 0.5 McFarland standard (approximately  $1-5 \times 10^6$  CFU/mL) (CLSI M27, 2022). A 1:100 dilution  
113 (approximately  $1-5 \times 10^4$  CFU/mL) was used to enhance visualization of inhibition zones. Six-millimeter nanofiber  
114 discs were placed on Mueller-Hinton Agar (MHA) plates inoculated with the fungal suspensions using a sterile swab  
115 to create a confluent lawn. Plates were incubated at 30°C for 24-48 hours. Inhibition zone diameters were measured  
116 using a digital caliper. All tests were performed in triplicate (n=3), and results are presented as means  $\pm$  SD.

### 117 2.5.2. Broth Microdilution Assay (MIC/MFC)

118 MIC and MFC values for nystatin, thymol, and the PVA-NYS-THY combination were determined using the broth  
119 microdilution method according to CLSI M27 (2022) and adapted for testing of nanofibers. Serial twofold dilutions  
120 of each agent were prepared in 96-well microtiter plates using 3-(N-morpholino) propanesulfonic acid (MOPS)-  
121 buffered RPMI 1640 medium. Tested concentrations were: nystatin (0.039–125  $\mu$ g/mL), thymol (0.625–2000  $\mu$ g/mL),  
122 and PVA (0.078–25 mg/mL). DMSO (used as a solvent for thymol) was kept below 1% (v/v). A 100  $\mu$ L inoculum  
123 (prepared as in Section 2.5.1) was added to 100  $\mu$ L of drug solution per well (200  $\mu$ L final volume). Plates were  
124 incubated at 30°C for 24-48 hours. MIC was determined as the lowest concentration inhibiting visible growth. For  
125 MFC, 10  $\mu$ L from no-growth wells (at or above the MIC) was subcultured onto Sabouraud dextrose agar (SDA) and  
126 incubated at 30°C for 48 hours. MFC was defined as the lowest concentration with no growth on SDA.

### 127 2.6. Fractional inhibitory concentration index calculation

128 The fractional inhibitory concentration index (FICI) was calculated to evaluate the interactions between the  
129 antifungal agents in the combinations. The FICI was obtained by adding the FIC values of each drug in the  
130 combination, where  $FICI = MIC_{\text{of the drug in combination}} / MIC_{\text{of the drug alone}}$ . The FICI was interpreted as  
131 follows:  $\leq 0.5$ , synergism;  $>0.5-4$ , indifference;  $>4$ , antagonism.

$$132 \quad FICI = \frac{MIC_{A\text{combination}}}{MIC_{A\text{alone}}} + \frac{MIC_{B\text{combination}}}{MIC_{B\text{alone}}}$$

133 where MIC<sub>A</sub> combination and MIC<sub>B</sub> combination are the minimum inhibitory concentrations (MICs) of drug A and  
134 drug B when used in combination, and MIC<sub>A</sub> alone and MIC<sub>B</sub> alone are the MICs of drug A and drug B when used  
135 alone.

## 136 2.7. Real Time PCR

137 Real-time PCR assessed the effect of nystatin- and thymol-incorporated PVA nanofibers on *SAP* and *ALS* gene  
138 expression in *C. glabrata* isolates. Isolates were treated with sub-MIC concentrations of nanofibers. Total RNA was  
139 extracted (RNeasy Mini Kit, Qiagen), and cDNA was synthesized from 1 µg RNA (RevertAid First Strand cDNA  
140 Synthesis Kit, Thermo Fisher Scientific). Primers targeting *SAP* and *ALS* (Alves et al., 2014) (13) (primer sequences  
141 in Table 1) and the *ACT1* housekeeping gene were used. qPCR (20 µL) used SYBR Green Master Mix (Applied  
142 Biosystems), 10 pmol/µL primers, 2 µL cDNA, and nuclease-free water. Cycling conditions: 95°C for 10 min; 40  
143 cycles of 95°C for 15 s, 60°C for 30 s, and 72°C for 30 s. Relative gene expression was calculated using the 2<sup>-ΔΔCt</sup>  
144 method (StepOne Software v2.3, Applied Biosystems).

145 Table 1. Primers sequence employed in qRT-PCR analyses (20)

Primer	Sequence	Tm (C°)	Amplicon size (bp)
<i>ALS-F</i>	CTGGACCACCAGGAAACT	59.53	226
<i>ALS-R</i>	GGTGGAGCGGTGACAGTAGT	61.53	
<i>SAP-F</i>	ACCGTTGGATTTGGTGGTGT	61.21	218
<i>SAP-R</i>	ATTATTTGTCCCGTGGCAGCAT	60.95	
<i>ACT-F</i>	TTGCCACACGCTATTTGAG	55	167
<i>ACT-R</i>	ACCATCTGGCAATTCGTAGG	55	

146

## 147 2.8. Statistical Analysis

148 All experiments were performed in triplicate (n=3), and data are presented as means ± standard deviation (SD). The  
149 normality of data distribution was assessed using the Shapiro-Wilk test. For comparisons between multiple groups, a  
150 one-way analysis of variance (ANOVA) was performed. If the ANOVA indicated statistically significant differences

151 ( $p \leq 0.05$ ), Tukey's Honestly Significant Difference (HSD) post hoc test was used for pairwise comparisons to  
152 determine which specific groups differed significantly from each other. These analyses were performed using  
153 GraphPad Prism (version 9.0, GraphPad Software, San Diego, CA, USA).

### 154 **3. Results**

#### 155 **3.1. Clinical Isolation, Molecular Characterization, and Antifungal Susceptibility of *Candida glabrata***

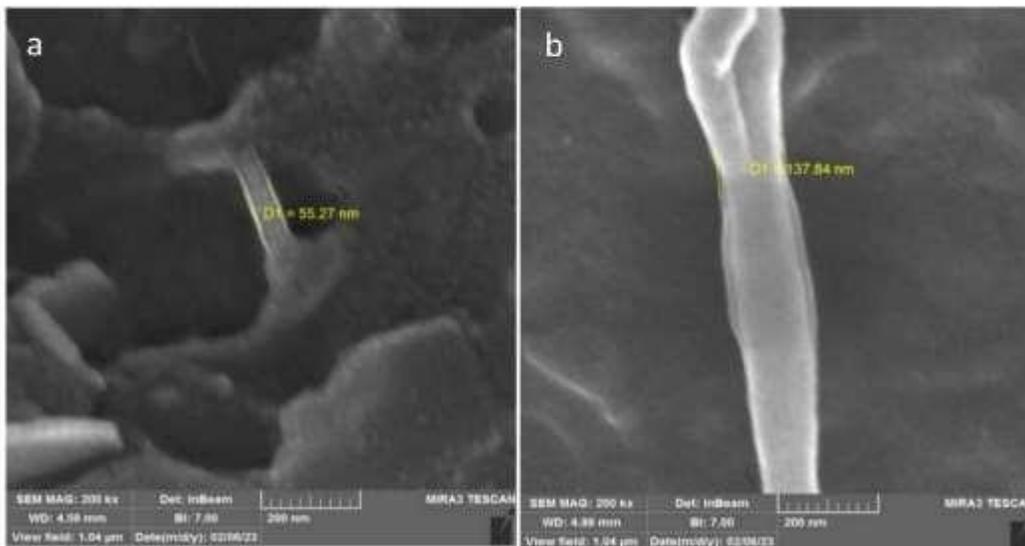
156 This study characterized 13 *C. glabrata* isolates (13% prevalence, 26% of all *Candida* species) from 100 clinical  
157 samples. Oral swabs were the primary source (69%), followed by vaginal swabs (23%) and urine (8%). Infected  
158 patients (mean age 45.2 years) were predominantly female (53.85%), with most reporting no tobacco or alcohol use  
159 (84.62%). ICU admission (30.77%) and central venous catheter presence (69.23%) were common risk factors, while  
160 vulvovaginal candidiasis (VVC) (23.08%), including recurrent VVC (23.08%), was the most frequent diagnosis  
161 (Supplementary Table S1). Molecular identification using *18S rRNA* gene sequencing confirmed *C. glabrata* in 8 of  
162 11 suspected isolates, exhibiting a 1500 bp PCR product and clustering phylogenetically with reference strains  
163 (Supplementary Figure 1). The remaining three isolates were identified as other *Candida* species. Virulence genes *ALS*  
164 and *SAP* were detected in all confirmed *C. glabrata* isolates. Morphological and biochemical analyses (Supplementary  
165 Figure 2) corroborated these findings. Importantly, all *C. glabrata* isolates exhibited fluconazole resistance but  
166 susceptibility or semi-susceptibility to amphotericin B, nystatin, and ketoconazole (Supplementary Figure 3).

#### 167 **3.2. Characterization of PVA-Nystatin-Thymol nanofibers**

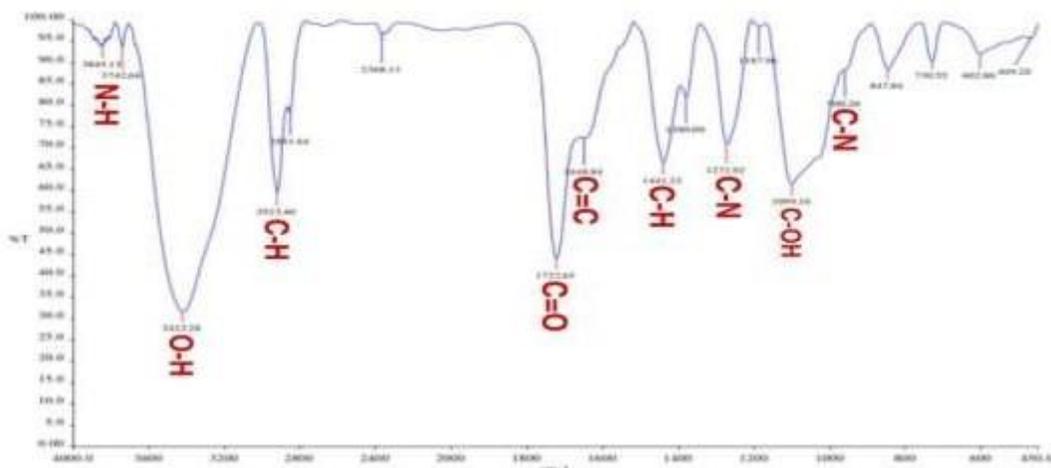
168 Optimized PVA nanofibers containing nystatin and thymol (3:7 ratios to PVA) yielded smooth, uniform, knot-free  
169 nanofibers, as observed visually and confirmed by Scanning electron microscopy (SEM) (Figure 1), showing an  
170 average diameter of ~100 nm. FT-IR spectroscopy (Figure 2) revealed characteristic peaks for PVA, nystatin, and  
171 thymol, including O-H, N-H, C-H, C=O, C=C, C-N, and C-O groups. Crucially, peak shifts and splitting, such as the  
172 splitting of nystatin's C=O stretch ( $1728\text{ cm}^{-1}$  to  $1724\text{ cm}^{-1}$  and  $1732\text{ cm}^{-1}$ ) and the shift in PVA/thymol's C-OH  
173 stretch ( $944\text{ cm}^{-1}$ ), indicated intermolecular interactions, likely hydrogen bonding, within the composite nanofiber  
174 structure.

#### 175 **3.3. In Vitro Drug Release Profiles of PVA-Based Nanofibrous Drug Delivery Systems**

176 The in vitro drug release studies revealed distinct release kinetics for the PVA-based nanofibrous systems. All  
177 formulations displayed a biphasic release pattern, characterized initially by a slow release phase, followed by a more  
178 rapid release phase, culminating in a plateau. The PVA-nystatin combination exhibited the most rapid and substantial  
179 release, reaching 95% of the drug payload within 76 hours (Figure 3). The PVA-thymol combination demonstrated a  
180 comparable release rate, achieving 86% release within the same timeframe. In contrast, the PVA-nystatin-thymol  
181 triple-drug delivery system displayed a slower, more sustained release profile, reaching 84% release after 80 hours.



182  
183 **Fig. 1.** SEM images of polyvinyl alcohol-nystatin-thymol nanofibers showing smooth and uniform morphology. (A)  
184 Broader view with fiber diameter of 55.27 nm. (B) Close-up view with fiber diameter of 137.84 nm. Field of view  
185 1.04 µm, magnification kx200, sample to lens distance 4.59 mm.

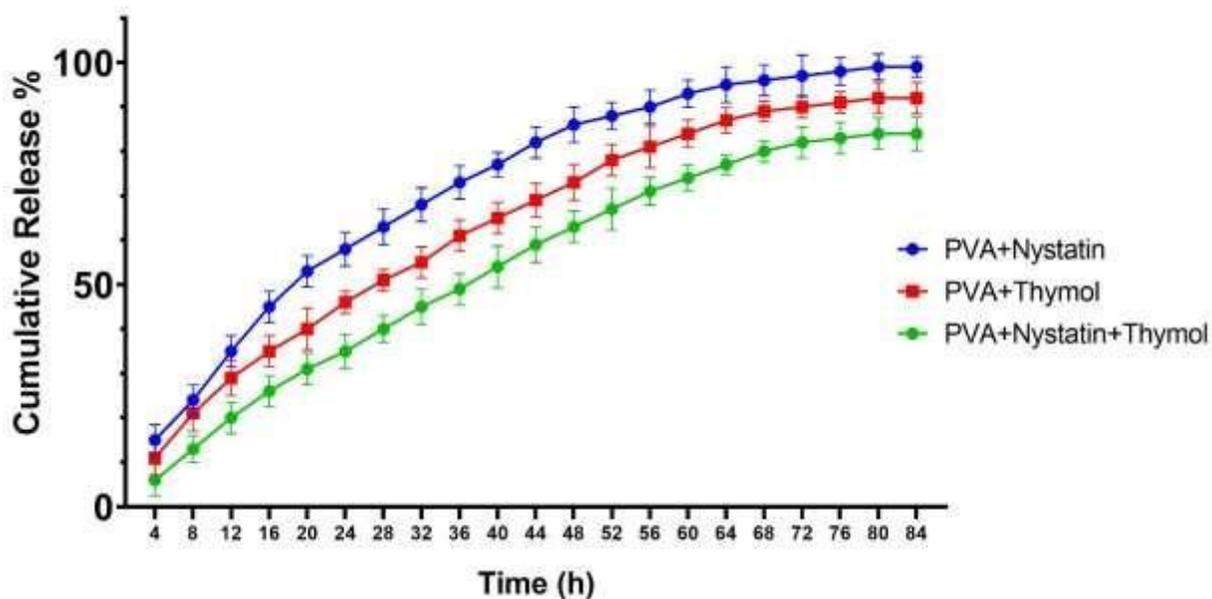


186

187 **Fig. 2.** FT-IR spectrum of PVA-NYS-THY nanofibers. The spectrum reveals the functional groups and the interactions  
 188 of the compounds. The peaks of O-H, C-H, C=O, C=C, C-N, and C-O bonds are observed. The peak of C=O bond of  
 189 nystatin splits and the peak of C-O bond of PVA or thymol shifts, indicating complexation and intermolecular forces.  
 190 The interactions suggest hydrogen bonds between the hydroxyl, carbonyl, and amine groups of PVA, nystatin, and  
 191 thymol.

192

193



194

195 **Fig. 3.** Drug release profiles of PVA-nystatin, PVA-thymol, and PVA-nystatin-thymol nanofibers. The drug release  
 196 curves showed a controlled pattern. The PVA-nystatin nanofibers had the highest and fastest drug release, reaching

197 95% after 76 hours. The PVA-thymol nanofibers had the second highest and fastest drug release, reaching 86% after  
 198 76 hours. The PVA-nystatin-thymol nanofibers had the lowest and slowest drug release, reaching 84% after 80 hours.

199 **3.4. Qualitative Antibiogram test results**

200 Qualitative antibiograms revealed that PVA-based nanofibrous scaffolds exhibited antifungal activity against *C.*  
 201 *albicans* (control) and *C. glabrata*. Inhibition zones varied across the different formulations (Table 2). Importantly,  
 202 the PVA-nystatin-thymol composite demonstrated the most potent activity against *C. glabrata*, with inhibition zones  
 203 ranging from 33 to 37 mm. The PVA-nystatin combination also demonstrated robust activity, exhibiting inhibition  
 204 zones between 27 and 31 mm. In contrast, the PVA-thymol scaffold displayed the lowest antifungal activity, with  
 205 zones ranging from 12 to 15 mm.

206 **3.5. MIC, MFC, and FICI results**

207 The antifungal potency of NYS, THY, and PVA, alone and in combination, was assessed against *C. glabrata* by  
 208 determining MIC, MFC, and FIC indices (Table 3). Results indicated that PVA-based nanofibers exhibited enhanced  
 209 antifungal activity compared to the individual drugs. Both PVA-NYS and PVA-THY formulations displayed lower  
 210 MIC and MFC values than their respective free drug counterparts, suggesting that PVA potentiated the antifungal  
 211 efficacy of NYS and THY. The FIC values for PVA-NYS and PVA-THY (both 0.25) further confirmed this synergistic  
 212 effect, indicating that the combined action of the drugs with PVA exceeded the additive effect. Importantly, the PVA-  
 213 NYS-THY nanofibers demonstrated even more pronounced synergy, with a lower FIC value of 0.125.

214 Table 2. Comparison of the antibacterial activity of three different drug combinations against eight *C. glabrata*  
 215 isolates. The values represent the diameter of the inhibition zone (in millimeters) measured after 24 hours of  
 216 incubation.

Isolates	PVA-Nystatin	PVA-Thymol	PVA-Nystatin-Thymol
A1	30 ± 3.1	14 ± 0.9	35 ± 3.4
A2	30 ± 1.4	12 ± 1.7	37 ± 2.7
A3	31 ± 1.8	13 ± 1.1	33 ± 0.8
A4	27 ± 3.5	14 ± 0.8	35 ± 2.6
A5	30 ± 2.7	15 ± 1.3	34 ± 2.5
A6	30 ± 4.2	13 ± 0.9	37 ± 3.1

222

223

	<b>A7</b>	31 ± 1.5	14 ± 1.2	35 ± 2.2
	<b>A8</b>	30 ± 2.6	15 ± 0.6	35 ± 2.3

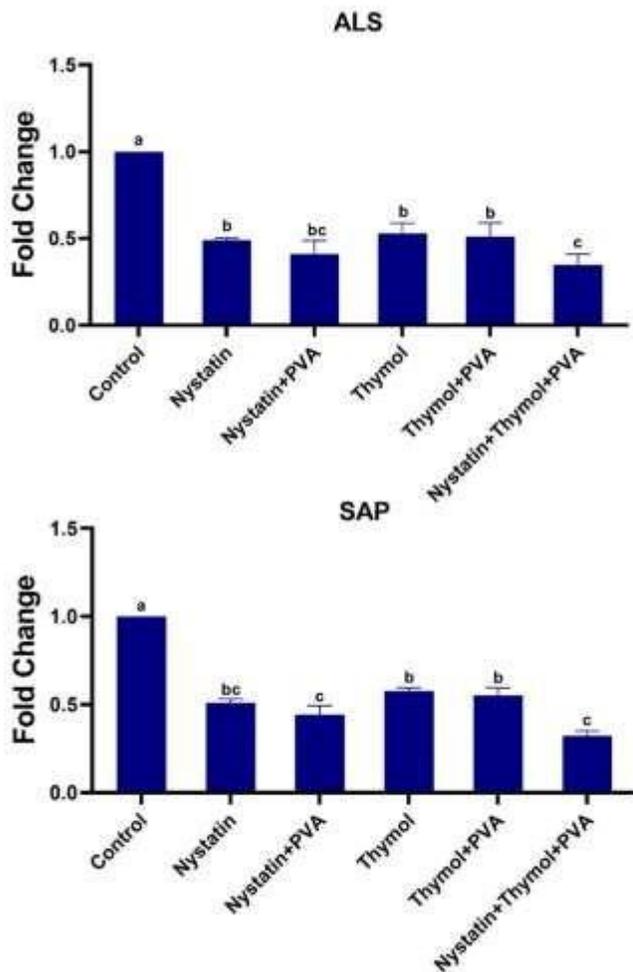
224 Table 3. MIC, SubMIC, MFC,  
225 and FICI values in different drug  
226 groups against *C. glabrata*

<b>Drug formulation</b>	<b>MIC (µg/mL)</b>	<b>SubMIC (µg/mL)</b>	<b>MFC (µg/mL)</b>	<b>FICI</b>
<b>Nystatin</b>	62.5	31.25	125	-
<b>Nystatin-PVA</b>	15.62	7.81	31.25	0.25
<b>Thymol</b>	250	125	500	-
<b>Thymol-PVA</b>	62.5	31.25	125	0.25
<b>Nystatin-Thymol</b>	62.5	31.25	125	-
<b>Nystatin-Thymol-PVA</b>	7.81	3.9	15.62	0.125

227

228 **3.6. Modulation of *C. glabrata* Virulence Gene Expression by Antifungal Nanofibrous Systems**

229 This study investigated the impact of antifungal agents Nystatin and Thymol, alone and in combination with PVA, on  
230 the expression of virulence genes ALS and SAP in *C. glabrata*. Both genes were significantly downregulated in all  
231 treatment groups compared to the control. Nystatin alone reduced ALS expression by 51% and SAP by 49%, with  
232 further reductions observed when combined with PVA. Thymol alone decreased ALS by 47% and SAP by 42%, also  
233 enhanced by PVA addition. The most substantial downregulation was achieved with the combined treatment of  
234 Nystatin, Thymol, and PVA, resulting in a 65% reduction in ALS and a 68% reduction in SAP expression (Figure 4).



235

236 **Fig. 4.** Expression of *ALS* and *SAP* genes in *C. glabrata* under different antifungal treatments. The expression of *ALS*  
 237 and *SAP* genes, which encode for agglutinin-like sequence proteins and secreted aspartyl proteinases, respectively,  
 238 was measured by RT-PCR in *C. glabrata* isolates exposed to various antifungal drugs: nystatin (NYS), thymol (THY),  
 239 polyvinyl alcohol (PVA), or their combinations. The expression levels were normalized to the control group, which  
 240 received no treatment. The results showed that the expression of both genes decreased significantly in all drug groups  
 241 compared to the control group ( $P < 0.05$ ). The control group had the highest expression level of both genes, followed  
 242 by THY, THY+PVA, and NYS groups, which had similar expression levels. The NYS+PVA and NYS+THY+PVA  
 243 groups had the lowest expression level of both genes. Means followed by the same letter do not differ significantly by  
 244 Tukey test.

#### 245 4. Discussion

246 In this study, we developed polyvinyl alcohol-nystatin-thymol (PVA-NYS-THY) nanofibers to target *C. glabrata*, a  
 247 fluconazole-resistant pathogen. Clinical strains of *C. glabrata* were isolated from patient specimens. The nanofibers  
 248 were characterized using various analytical techniques, and their antifungal efficacy was assessed through MIC, MFC,

249 and FICI assays. We also investigated *ALS* and *SAP* gene expression, crucial for *C. glabrata* virulence, using PCR  
250 and qRT-PCR methods.

251 Our findings revealed that *C. glabrata* accounted for 13% of the total isolates and 26% of the *Candida* isolates,  
252 aligning with previous reports that identify *C. glabrata* as the second most prevalent *Candida* species after *C. albicans*  
253 (14). The majority of the *C. glabrata* isolates were obtained from oral swabs (69%), followed by vaginal swabs (23%)  
254 and urine samples (8%), reflecting the typical distribution of candidiasis across different anatomical sites (15).  
255 Morphological and biochemical analyses confirmed the classical characteristics of *C. glabrata*. Antifungal  
256 susceptibility testing showed that all *C. glabrata* isolates were resistant to fluconazole, consistent with the species'  
257 propensity for azole resistance, often mediated by efflux pump overexpression and ERG11 mutations (4). However,  
258 the isolates were susceptible or semi-susceptible to polyene antifungals, including amphotericin B and nystatin, and  
259 exhibited susceptibility to ketoconazole. These findings highlight the need to explore mechanisms driving variable  
260 azole responses for better candidiasis treatment strategies.

261 We synthesized PVA-NYS-THY nanofibers using electrospinning, with polyvinyl alcohol (PVA) as the carrier  
262 polymer, and nystatin (NYS) and thymol (THY) as the active antifungal agents. PVA's biodegradability and  
263 biocompatibility make it ideal for forming smooth, uniform nanofibers (16). NYS and THY were chosen for their  
264 established antifungal properties, low molecular weights, and polarities, facilitating their integration with PVA (7).  
265 These agents can form hydrogen bonds with PVA, potentially enhancing the nanofibers' stability and uniformity (16).  
266 Formulation optimization ensured defect-free fibers. SEM revealed uniform nanofibers with an average diameter of  
267 ~200 nm. Fourier-transform infrared (FT-IR) spectroscopy confirmed the presence of characteristic functional groups  
268 and interactions, indicating structural integrity and functional performance of the nanofibers (17). These results  
269 demonstrate PVA-NYS-THY nanofibers as a promising platform for antifungal drug delivery.

270 The controlled release behavior of PVA-NYS-THY nanofibers was monitored, revealing a pattern suitable for  
271 sustained drug delivery. The solubility and affinity of NYS and THY for the PVA matrix influenced their release  
272 profiles (18). NYS, with higher solubility and lower PVA affinity, exhibited a more rapid initial release, while THY,  
273 with moderate solubility and affinity, showed a more sustained release. The combination within the nanofiber matrix  
274 resulted in a release profile that combined aspects of both individual drugs, demonstrating the potential for controlled

275 and prolonged release. These findings suggest the potential of PVA-NYS-THY nanofibers for customizable drug  
276 delivery.

277 The antifungal efficacy of PVA-NYS-THY nanofibers against *C. glabrata* was assessed through inhibition zones,  
278 MIC, and MFC measurements. The results demonstrated that antifungal activity correlated with the concentration and  
279 composition of NYS and THY, which is related to the drug release kinetics from the nanofiber matrix (19). NYS  
280 disrupts the fungal cell membrane by binding to ergosterol, while THY's mechanism of action involves disruption of  
281 membrane integrity, binding to ergosterol, and increased membrane permeability, facilitating antifungal entry (9).  
282 Resistance mechanisms in *C. glabrata* involve reduced ergosterol for NYS and efflux pump upregulation or enzyme  
283 modification for THY (20). PVA-NYS-THY nanofibers exhibited the most potent activity, with the largest inhibition  
284 zones and lowest MIC and MFC values. The synergistic effect of NYS and THY, demonstrated by the FICI, enhances  
285 the therapeutic potential of this formulation against fluconazole-resistant *C. glabrata*. This synergy is likely due to the  
286 combined membrane disruption and other mechanisms of action of the two drugs.

287 We investigated the presence of *ALS* and *SAP* genes in *C. glabrata* isolates using PCR. These genes encode agglutinin-  
288 like sequence (ALS) proteins and secreted aspartyl proteinases (SAP), key virulence factors involved in adhesion and  
289 pathogenicity (11). All tested *C. glabrata* isolates (n=8) were positive for both genes, suggesting their consistent co-  
290 occurrence and potential role in facilitating invasive infections (21). The co-expression of *ALS* and *SAP* may enhance  
291 the organism's ability to colonize host tissues and evade immune defenses, making them important targets for future  
292 therapeutic strategies. Further research should investigate the regulation of these genes and their precise roles in  
293 antifungal resistance and virulence.

294 We investigated the effects of NYS and THY, alone and in combination with PVA, on *ALS* and *SAP* gene expression  
295 in *C. glabrata* (22). NYS alone reduced *ALS* and *SAP* expression, while THY also decreased the expression of both  
296 genes. The combination of NYS and THY with PVA further amplified these effects, with the PVA-NYS-THY  
297 combination showing the greatest reduction in both *ALS* and *SAP* expression. This enhanced effect likely results from  
298 the combined mechanisms of action of NYS and THY (membrane disruption and oxidative stress, respectively) (20),  
299 potentially enhanced by PVA's influence on drug stability and delivery. This downregulation of virulence genes  
300 suggests a potential mechanism by which the nanofibers exert their antifungal effect. The downregulation of *ALS* and  
301 *SAP* may be linked to disruption of regulatory pathways involving transcriptional regulators like Rim101p, Hap43p,

302 and Efg1p (23). NYS and THY may influence these regulators through mechanisms such as altering ambient pH  
303 (activating Rim101p, repressing *ALS*) or generating reactive oxygen species (ROS) (activating Hap43p, repressing  
304 *SAP*) (24). Disruption of ergosterol biosynthesis can also affect regulators like Efg1p (25). Further studies are needed  
305 to elucidate the precise molecular mechanisms involved. The enhanced downregulation of *ALS* and *SAP* in the PVA-  
306 NYS-THY group suggests that combining these agents within the nanofiber formulation can effectively reduce *C.*  
307 *glabrata* virulence.

308 This study has important implications for future research and clinical practice. It demonstrates electrospinning as a  
309 promising technique for developing antifungal formulations that deliver natural agents like NYS and THY in a  
310 controlled manner. It also shows that NYS and THY act synergistically against *C. glabrata*, enhancing their antifungal  
311 activity. Furthermore, the study reveals that these agents can modulate *ALS* and *SAP* gene expression, potentially  
312 reducing *C. glabrata* virulence. Future research should assess biocompatibility and conduct *in vivo* testing to evaluate  
313 the clinical potential of these nanofibers.

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#### 317 **Authors' contribution**

318 Study concept and design: M.L. and M.B. Analysis and interpretation of data: R.A. and M.L. Drafting of the  
319 manuscript: R.A. Critical revision of the manuscript for important intellectual content: M.L. and M.B. Statistical  
320 analysis: R.A. and M.L.

#### 321 **Ethical Approval**

322 The authors confirm that this study was approved by the research ethics committee of Research Ethics Committees  
323 of Islamic Azad University (RECI AU no: 1401.0445) and certify that this study was performed in accordance with  
324 the ethical standards as laid down in the 1964 Declaration of Helsinki and its later amendments or comparable  
325 ethical standards.

#### 326 **Conflict of Interest**

327 The authors declare that they have no conflict of interest.

#### 328 **Data Availability**

329 The data that support the findings of this study are available on request from the corresponding author.

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