

The roles of autophagy in oxidative stress

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Abstract

Autophagy is an evolutionarily conserved lysosome-dependent intracellular degradation process that is essential for maintaining cellular homeostasis and adaptation to cellular stresses in eukaryotic cells. Oxidative stress refers to elevated intracellular levels of reactive oxygen species (ROS) that cause damage to lipids, proteins and DNA. Oxidative stress has been linked to a myriad of pathologies. Autophagy can be involved in various biological processes such as programmed cell death, stress responses, removal of damaged organelles and growth. The role of autophagy has been identified as a critical mediator in the pathological response to redox signaling. Autophagy is considered the main sensor of redox signaling. Reactive oxygen species (ROS) are highly reactive molecules produced as byproducts of cellular metabolism, mainly by mitochondria. Mitochondrial reactive oxygen species (mROS) can be beneficial or harmful to cells depending on their concentration and location. Mitochondrial reactive oxygen species (mROS) at low physiological concentrations act as redox messengers in intracellular signaling, while overproduction of (mROS) causes oxidative damage to cellular components and ultimately leads to cell death. Hence, the balance of stress adaptation associated with autophagy and cell death is important for understanding pathogenesis related to redox signaling. Autophagy is an integral biological process critical for cellular and organismal homeostasis. It allows spatial reorganization and energy supply to cells through the regular destruction machinery of unnecessary or inefficient components. In this review, we focus on the basic mechanism and function of autophagy in response to oxidative stress and redox signaling in pathology.

Key words: autophagy, mROS, oxidative stress, homeostasis

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1. Context

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Autophagy was first introduced by Christian de Duve in 1963 as a lysosome-dependent degradation process (1). Autophagy is a catabolic process which is necessary to maintain cellular homeostasis by removing cellular molecules, such as protein aggregates and damaged organelles, through lysosomal digestion also Fasting induces a notable decrease in Rubicon, a negative regulator of autophagy, in adipose tissue, which is accompanied by an increased level of autophagy. Adipose-specific Rubicon-knockout mice exhibit systemic fat loss (2,3, 50). Basically, it regulates the balance between organelle biogenesis, protein synthesis and cell clearance (4), which also participates in cell rearrangement during development and differentiation (1). Autophagy occurs in conditions of glucose or amino acid deficiency, oxidative stress, hypoxia and exposure to xenobiotics (1). Autophagy has emerged as a critical mediator of pathological responses associated with reactive oxygen species (ROS) in cell signaling as well as cell damage (5). Furthermore, autophagy in MSCs is regulated by ROS. Thus, in MSCs, the intracellular hypoxic microenvironment acts as a trigger for autophagy. Autophagy functions to maintain low levels of intracellular ROS. The intricate interplay between autophagy and ROS levels determines the fate of stem cell differentiation into preadipocytes. Conversely, the interplay between autophagy and ROS influences the transcriptional regulation of adipose regulatory factors, ultimately affecting the differentiation of preadipocytes. Recently, a research group established a LEPTIN-deletion pig obesity model. Autophagy also plays a role in the development of diabetes, cancer, cardiovascular diseases, neurodegeneration, immune system diseases, and aging (51, 52, 6, 9).

Mitochondria are the main source of ROS in cells (1,10) and mitochondrial ROS (mROS) are generally produced as byproducts of bioenergetics during oxidative phosphorylation (OXPHOS) (1). Reactive oxygen species (ROS) are highly reactive metabolites of molecular oxygen (O₂), including superoxide anion (O₂⁻) and hydrogen peroxide (H₂O₂), which are formed by the reduction of O₂ electrons (1). In the presence of intermediary metal ions, a more reactive hydroxyl radical (OH[•]) is produced (11).

ROS can act as signaling molecules at the physiological level which affects various cellular processes including proliferation, differentiation, programmed cell death, innate immunity, autophagy, redox signaling, calcium homeostasis, hypoxic stress responses, and reprogramming of stem cells (1). On the contrary, excessive oxidative stress causes damage to proteins and cellular components, which is involved in various pathologies (13).

Physiological ROS induces autophagy to maintain cellular homeostasis in various cell types, While redox signal regulation disorder can weaken autophagy activity which is observed in various diseases (1,14). However, the underlying mechanism between autophagy and redox signaling needs to be further investigated.

2. Data Acquisition

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In the present study, we introduced the recent studies on redox signaling in the regulation of autophagy. In addition, we discussed the impact of autophagy on mitochondrial function and its relevance to the pathology of chronic diseases.

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75 3. Results

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77 3.1 Molecular mechanism of autophagy

78 3.1.1 Autophagy machine

79 There are three major types of autophagy: (1) macroautophagy, (2) microautophagy, and (3) chaperone-mediated autophagy (CMA) (Figure 1).

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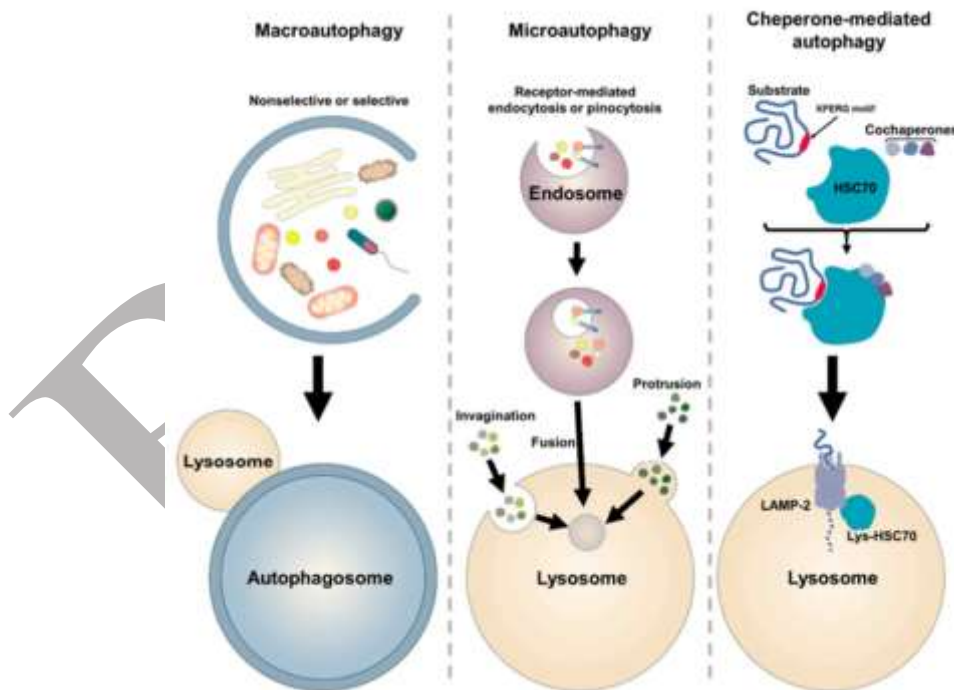


Figure 1: Overview of mammalian autophagy pathway.

1.00 1. Macroautophagy is the best known form of autophagy. All types of autophagy cause the
1.01 destruction of damaged or non-functioning (expired) proteins and organelles in the cell. It is
1.02 considered a non-selective cellular process, however, this type of autophagy controls the
1.03 quality of cellular contents through selective processing (eg, long-lived proteins, aggregated
1.04 proteins, Damaged organelles and intracellular pathogens) (1). The autophagy pathway begins
1.05 with the nucleation of a double-membrane structure, the phagophore (also known as isolation
1.06 (separation) membranes), which elongates to sequester material and form a vesicle called an
1.07 autophagosome. The autophagosome then fuses with the lysosome to break down the
1.08 contents in the acidic environment. Then, the broken down molecules are recycled into
1.09 materials to regenerate new cell components (1).

1.10 2. Microautophagy is a process in which cytoplasmic materials are directly absorbed into
1.11 lysosomes to be destroyed through involution, protrusion or separation of the lysosomal or
1.12 endosomal membrane (1, 15). Endosomal membrane invagination formed by the endosomal
1.13 sorting complexes required for transport machinery (ESCRT) integrates sequestered material
1.14 inside the lysosome (1).

1.15 3. Chaperone-mediated autophagy (CMA) is a type of autophagy that exists in various types of
1.16 eukaryotic cells and tissues, but is not present in yeast (1). A cytosolic chaperone, heat shock-
1.17 associated protein 70 kDa (HSC70), recognizes that CMA target proteins contain a pentapeptide
1.18 motif that is biochemically related to KFERQ. The HSC70 target protein complex binds
1.19 lysosome-associated membrane protein 2A (LAMP-2A) on the lysosome membrane, and then
1.20 the target protein is transported into lysosomes for degradation (1). The present study focused
1.21 on the molecular and cellular mechanism, regulation and selectivity of mammalian
1.22 macroautophagy (hereafter referred to as autophagy).

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1.26 **3.1.2 Molecular biology of autophagy**

1.27 Induction of autophagy is stimulated by various cellular events such as nutrient deficiency,
1.28 hypoxia, oxidative stress, pathogen infection, and endoplasmic reticulum (ER) stress (16). Multi-
1.29 protein autophagy complexes are required to induce autophagy, which are hierarchically
1.30 assembled and act in autophagosome formation sites called pre-autophagosome structure or
1.31 phagophore assembly site (PAS) (1). In mammalian cells, the autophagy process is initiated by
1.32 inactivation of the mechanistic/mammalian target of rapamycin (mTOR), which then requires
1.33 the coordination of several multiprotein complexes (17,18). mTOR is a serine/threonine kinase
1.34 that participates in a wide range of biological processes (1). Functionally, it forms two different
1.35 complexes: mammalian target of rapamycin complex 1 (mTORC1) and mammalian target of
1.36 rapamycin complex 2 (mTORC2), which are structurally controlled by their modulators, such as

137 the mTOR regulator-related protein (Raptor). Rapamycin insensitive mTOR companion
138 molecule (Rector) and SEC13 lethal protein 8 (LST8) are regulated through inter-complex and
139 intra-complex loops (1). However, mTORC2 is not responsible for controlling autophagy. Under
140 normal conditions, mTORC1 directly phosphorylates autophagy-activating kinase UNC51-like 1
141 (ULK1), ULK2, and autophagy-related protein 13 (Atg13), both of which form an autophagy
142 initiation complex through interaction with the interacting protein family. 200 kDa central
143 adhesion kinases (FIP200) and Atg101 (1). ULK1 interacts with Atg13 and FIP200 in its C-
144 terminal region (19) and binds to Atg101 through the N-terminal of Atg13 (1). In response to
145 starvation or stress conditions, mTORC1 is dissociated from the ULKs complex through the
146 phosphorylation of Rheb and Raptor by AMP-activated protein kinase (AMPK) (1).
147 Subsequently, Ulk1/2 are rapidly dephosphorylated and autophosphorylated, and Atg13 and
148 FIP200 are phosphorylated (1). Autophagic activation of ULKs complex helps phagophore
149 nucleation (20). The phagophore is a small cup-like membrane structure that elongates
150 (extends) to form a complete autophagosomal structure, although its origin is still debated
151 (1,21). In advanced eukaryotic cells, it is accepted that under nutrient-deprived conditions,
152 phagophore nucleation occurs in the omegasome, which is morphologically similar to the Greek
153 capital letter omega (Ω), a region of the endoplasmic reticulum enriched in phosphatidyl-
154 inositol. 3. It is phosphate (1).

155 Formation of an omegasome requires phosphatidyl-inositol 3-kinase class 3 (PI3KC3), which
156 forms a complex with Beclin1, autophagy-regulated protein 1-beclin1 (AMBRA1), general
157 vesicular transporter factor (p115), p147, and ATG14L (1). The ULKs complex leads to the
158 activation of the PI3KC3 complex through the phosphorylation of Beclin1 and AMBRA1 (1,22).
159 Activated PI3KC3 generates PIP3 via phosphorylation of PI on the surface of the phagophore,
160 which recruits dual FYVE domain-containing protein 1 (DFCP1) (1) and WIPI2 to mediate
161 nucleation of phagophore growth (1). The activity of the PI3KC3 complex is also controlled
162 through interaction with cofactors such as UV resistance-related gene (UVRAG), Bax-interacting
163 factor 1 (Bif1) and Beclin-1-interacting protein containing a cysteine-rich domain and RUN
164 domain (Rubicon). (1).

165 The phagophore is elongated to become the autophagosome, which is regulated by two
166 ubiquitination-like conjugation systems: Atg5-Atg12 conjugation and microtubule-associated
167 protein light chain 3 processing (1). Atg12 is activated by Atg7 (E1-like activating enzyme) and
168 then conjugated to Atg5 by Atg10 (E2-like conjugating enzyme) (1). Atg5-Atg12 complex non-
169 covalently interacts with Atg16L1 (E3-like ligase enzyme), which leads to the formation of Atg5-
170 Atg12-Atg16L1 multiple complex (1). Atg16L1 is recruited to the phagophore by physically
171 binding to WIPI2 (1). The Atg5-Atg12-Atg16L1 complex is associated with the induction of
172 curvature in the elongated part of the phagophore through asymmetric insertion of processed
173 LC3B (1). The Atg5-Atg12-Atg16L1 complex is recruited to the outer membrane of the
174 phagophore, essentially preventing premature fusion with the lysosome (1). The C-terminal
175 flanking region of nascent LC3B (proLC3B) is converted to LC3B-I through cleavage by Atg4, a
176 cysteine protease. The exposed C-terminal glycine residue of LC3B-I is then activated by Atg7,

177 and LC3B-I is converted to LC3B-II through phosphatidylethanolamine (PE) conjugation by Atg3
178 (1). LC3B-II helps to close the autophagosomes (1) and the Atg5-Atg12-Atg16L1 complex is
179 dissociated from the completed autophagosomes (1) LC3B-II. It binds to the autophagosomal
180 membrane until it fuses with the lysosome. Then, LC3B-II is cleaved and recycled on the outer
181 surface of the membrane by Atg4 (1), while on the inner surface, it remains attached to the
182 membrane to degrade substrates in the cargo (1). An LC3-related protein, gamma-aminobutyric
183 acid receptor-related protein (GABARAP) has similar roles in the process of autophagosome
184 expansion: autophagosome formation and substrate sequestration into double-membrane
185 vesicles (1). Phagophore development is also supported by a transmembrane protein ATG9,
186 which helps deliver lipid bilayers to the nascent phagophore, further elongating the
187 autophagosome before closing the fully formed autophagosome. (21,23)

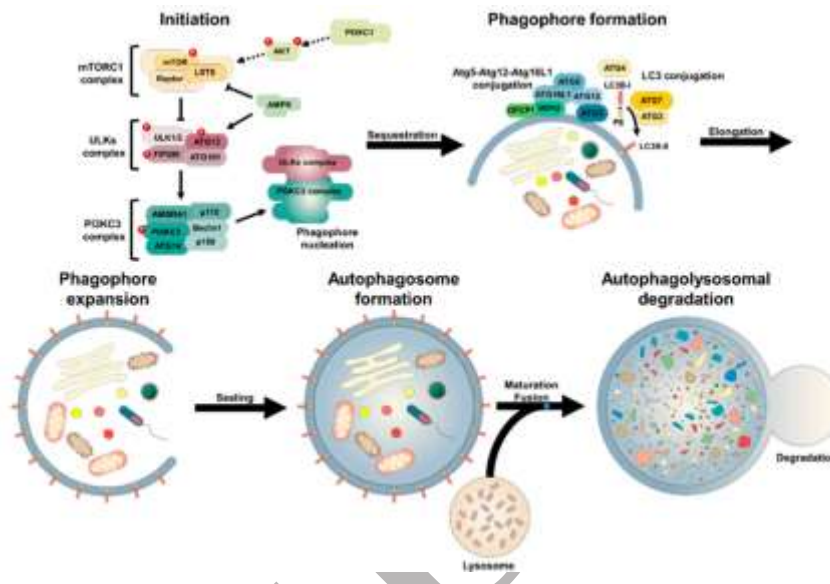
188 Binding of cellular contents intended for degradation to an engulfing autophagosome by
189 autophagy adapter proteins such as sequestosome1 (SQSTM1/p62), nuclear dot protein 48 kDa
190 (NDP48), neighboring gene (NBR1), BRCA1, and the autophagy-related protein FYVE (ALFY) is
191 accelerated (1,24,25). The completed autophagosome fuses with a lysosome to form the
192 autophagolysosome through multiple proteins around the centrosome (26).

193 **3.2. Redox signaling in autophagy**

194 **3.2.1 Mitochondrial reactive oxygen species and redox signaling**

195 Reactive oxygen species (ROS) are small, short-lived and highly reactive molecules which are
196 usually formed as byproducts of oxygen metabolism in the mitochondrial electron transport
197 chain (mETC) (1). In the OXPHOS process, electron leakage in complexes I and III of mETC leads
198 to the formation of (relatively) half-reduced and highly reactive metabolites of molecular
199 oxygen (O₂), including O₂⁻ and H₂O₂, which are the most important molecules in cell signaling.
200 (1). Mitochondria is catalyzed to H₂O₂ by two dismutases, including Cu/Zn superoxide
201 dismutase (Cu/ZnSOD) in the mitochondrial intermembrane space (IMS) and cytosol, and
202 manganese-dependent superoxide dismutase (MnSOD) in the mitochondrial matrix (1). H₂O₂
203 can be converted into hydroxyl radical (OH[·]) by Fenton's reaction (1). O₂⁻ Mitochondria also
204 binds with hydrogen protons to form uncharged hydroperoxyl radical (HOO[·]) which reacts with
205 unsaturated fatty acid of mitochondrial membrane lipids to produce lipid radicals (1).
206 Mitochondrial NO interacts with O₂⁻ to form RNS such as ONOO⁻, which causes cell dysfunction
207 by nitrosylated S proteins (1). Mammalian cells have numerous enzymes for H₂O₂ degradation,
208 including peroxyredoxins (Prxs), glutathione peroxidases (Gpxs), thioredoxins (Trxs), and
209 catalase. Mitochondrial H₂O₂ is primarily eliminated by the action of the Gpx1, Gpx2 and Gpx4,
210 Prx3 and Prx5, Trx2 systems, in which glutathione (GSH) is essential (1). Oxidized GSH (GSSG) is
211 reduced (regenerated) to GSH by glutathione reductase (GR) (1). Oxidized Trx2 is also recycled
212 by Trx reductase (TrxR). H₂O₂ scavenging systems depend on nicotinamide adenine
213 dinucleotide phosphate (NADPH), which is regenerated by three mitochondrial matrix enzymes:
214 NADP⁺-linked isocitrate dehydrogenase (IDH), malate dehydrogenase (MDH), and nicotinamide
215 nucleotide transhydrogenase (NNT) (1). Catalase catalyzes the decomposition of hydrogen

216 peroxide into water and oxygen (1). So far, it has been reported that ROS is associated with the
 217 induction of autophagy in the deprivation of nutrients such as glucose, amino acids or serum
 218 (1). Autophagy is activated in response to oxidative stress to protect cells from apoptosis (1),
 219 while the impairment (reduction) of autophagy causes the accumulation of oxidative stress (1).
 220 In addition, antioxidant molecules moderately or completely suppress the execution of
 221 autophagy (1). Therefore, mitochondrial ROS not only activates but also inhibits autophagic
 222 signaling. In turn, mROS and autophagy are mutually affected. mROS production and
 223 autophagic activation are summarized in Figure 2.



234 Figure 2: General process of autophagy.

235 The autophagic process is divided into five distinct steps including: initiation, phagophore
 236 nucleation, autophagosome formation (elongation), autophagosome-lysosome fusion
 237 (autophagolysosome), and cargo degradation. Autophagy is stimulated by various cellular stress
 238 conditions such as nutritional starvation (nutrient deficiency) and oxidative stress. Under stress
 239 conditions, mTORC1 is inhibited to activate the ULKs complex which includes ULK1/2, FIP200,
 240 ATG101, and Atg13. Subsequently, phagophore nucleation is induced by the activated ULKs
 241 complex, which is then mediated by the PI3KC3 complex, and consists of several proteins
 242 including Beclin1, AMBRA1, p115, p147 and ATG14L. The ULKs complex stimulates the
 243 activation of the PI3KC3 complex through the phosphorylation of Beclin1 and AMBRA1.
 244 Activated PI3KC3 generates PIP3 through phosphorylation of PI at the phagophore surface,
 245 which in turn recruits DFCP1 and WIPI2 for phagophore nucleation and extension. The
 246 phagophore is elongated to form the autophagosome, which is regulated by two ubiquitination-
 247 like conjugation systems: Atg5-Atg12 conjugation and LC3B-II conjugation. Atg12 is activated by
 248 Atg7, which is conjugated to Atg5 by Atg10. Atg5-Atg12 complex interacts with Atg16L1.
 249 Atg16L1 is recruited to the phagophore through association with WIPI2. The Atg5-Atg12-

250. Atg16L1 complex is involved in the curvature of the elongating phagophore through the
251 asymmetric import of processed LC3B. The Atg5-Atg12-Atg16L1 complex is recruited to the
252 outer membrane of the phagophore to prevent premature autophagosome-lysosome fusion.
253 Nacent LC3B (proLC3B) is converted to LC3B-I via cleavage by Atg4, the exposed C-terminal
254 glycine residue of LC3B-I is then activated by Atg7, and LC3B-I is converted to LC3B via PE
255 conjugation by Atg3. -II is converted. LC3B-II binds to the autophagosomal membrane until
256 autophagolysosome formation. Finally, the contents of the autophagolysosome are degraded
257 by lysosomal enzymes.

258 **3.2.2 Regulation of autophagy by redox signaling**

259 Mitochondria are producers and targets of ROS and are inseparable from oxidative stress (1).
260 The accumulation of oxidative stress causes oxidation and damage to cellular components,
261 including proteins, DNA, and lipids, which are oxidized and damaged and activate the
262 autophagy process (1). Mitochondrial H₂O₂ plays important roles in cell signaling, which is
263 more stable than other ROS molecules and can easily diffuse into the cytosol (1,28). In response
264 to nutrient deficiency, energetic stress probably increases the demand for ATP production from
265 mitochondria, which subsequently increases electron leakage and thus relatively excess ROS
266 are produced (1). Indeed, mitochondrial H₂O₂ for a long time in the pathway of autophagic
267 signaling is involved. In response to food starvation, hydrogen peroxide (H₂O₂) enables the
268 reduced form of Atg4 to convert LC3B-I to LC3B-II via thiol modification of cysteine 81 of Atg4,
269 thus leading to increased autophagosome formation. However, the reduced form of Atg4
270 protease cleaves LC3 and inhibits autophagosomal membrane elongation, resulting in
271 suppression of autophagy (1). Exogenous H₂O₂ also leads to oxidative stress and mitochondrial
272 dysfunction, thereby inducing autophagy (1). Treatment with H₂O₂ stimulates both autophagy
273 and apoptosis in malignant glioma cells (1). Treatment with TNF α increases the level of reactive
274 oxygen species (ROS) and thus induces autophagy and cell death in Ewing sarcoma, which is
275 also stimulated by treatment with exogenous hydrogen peroxide (exogenous H₂O₂). These
276 effects are reversed by chemical lipid radical scavengers or NF- κ B pathway activation (1).
277 Similarly, lipopolysaccharides (LPS) induce autophagy through H₂O₂ treatment (1). O₂.- It also
278 plays a role in the induction of autophagy under conditions of starvation (deficiency) of glucose
279 and amino acids (1). Endogenous cellular O₂.- levels are reduced in an mETC-deficient cervical
280 cancer cell line even under starvation conditions without endogenous H₂O₂ levels. Autophagy
281 induced by starvation is significantly attenuated in these cells (1). Nutrient starvation also
282 activates AMP-activated protein kinase (AMPK), which inhibits mTORC1 activity and directly
283 phosphorylates ULK1 at serine 317 (S317) and serine 777 (S777), resulting in the formation of It
284 strengthens autophagosome and autophagic flow (1,29). AMPK also phosphorylates ATG13 at
285 Ser224 to inhibit autophagy, which increases the intensity and duration of autophagy (30).
286 AMPK activation induced by starvation is reduced in cells with increased expression of MnSOD
287 (1). Treatment with compound C AMPK inhibitor or inhibition of AMPK catalytic subunit 1 α
288 expression also prevented starvation-induced autophagy (1). AMPK-activated autophagy is
289 modulated by ROS (1), in which AMPK upstream kinases are involved, leading to the induction

290 of autophagy (1). H₂O₂ directly activates AMPK by oxidizing the cysteine residues of the alpha
291 and beta subunits (1), or by oxidation of ataxia-telangiectasia mutant (ATM) protein kinase (1).
292 Oxidative stress-activated ATM convinces its downstream signaling, AMPK-Tuberous Sclerosis
293 Complex 2 (TSC2), to repress mTORC1, thereby inducing phagocytosis (1). Additionally, in
294 response to hydrogen peroxide (H₂O₂), AMPK is activated through phosphorylation at
295 threonine 172 (T172) by the liver kinase B1 (LKB1), which represses mTORC1 and thereby
296 induces autophagy (1). .

297 NO is produced enzymatically from L-arginine by NO-synthase during the oxidation process (1).
298 In autophagy signaling, NO has different effects depending on the cell type. NO inhibits
299 autophagosome formation by weakening the activity of nitrosylation substrates such as c-Jun
300 N-terminal kinase 1 (JNK1) and inhibitor of nuclear factor kappa B (IκB) subunit β kinase (IKKβ).
301 Starvation-induced autophagy is activated by JNK1 in an m-TOR-independent manner. JNK1 can
302 phosphorylate Bcl-2 (B cell lymphoma) to disrupt its interaction with Beclin1 to induce
303 autophagy (1). IKKβ also induces autophagy by increasing inhibition of mTOR dependent on
304 AMPK phosphorylation and Bcl-2 phosphorylation by JNK1 (1). However, in glioma cells,
305 inhibitory effects on the autophagy process were induced by treatment with NO donors, such
306 as sodium nitroprusside (SNP) and S-nitrosoglutathione (GSNO), following LC3B-II accumulation.
307 (1)

308 It has been increasingly reported that the interplay between mROS and Ca²⁺ signaling plays
309 important roles in the regulation of autophagy. In response to hypoxia, mROS help translocate
310 stromal interacting molecule 1 (STIM1) to the plasma membrane, which activates Ca²⁺ release-
311 activated Ca²⁺ channels (CRAC), thereby inducing increased Ca²⁺ influx and activation of
312 calcium-dependent protein kinase. /calmodulin kinase 2 (CAMKK2). As a result, AMPK and
313 autophagy are activated (1). In addition, mROS activates the lysosomal Ca²⁺ channel mucolipin
314 1 (MCOLN1), which leads to Ca²⁺ release and calcineurin-dependent nuclear translocation of
315 transcription factor EB (TFEB), which induces Atgs and lysosomal proteins (31). Nuclear factor
316 erythroid-related factor 2 (NRF2) is a prominent transcription factor that regulates gene
317 expression of several genes encoding antioxidant and detoxification enzymes that maintain
318 cellular redox homeostasis (1,. Kelch-like ECH-associated protein 1 (KEAP1) is a substrate-
319 mediated protein in a larger E3 ubiquitin ligase complex containing choline 3 (CUL3) and loop
320 box 1 (RBX1). It enables ubiquitination and proteasomal degradation of substrates, including
321 NRF2 (1). In response to oxidative stress, NRF2 dissociates from KEAP1 and binds to an
322 antioxidant response element (ARE) in the nucleus to activate its target genes. In autophagic
323 signaling, NRF2 induces p62 gene expression in It induces a response to oxidative stress, which
324 further activates the NRF2 protein and forms a positive feedback loop (1). Similarly, Sestrin2
325 leads to further activation of NRF2 (1).

326 Ubiquitinated p62 is phosphorylated, which increases its affinity for KEAP1 to facilitate
327 autophagic degradation of KEAP1, thereby stabilizing NFR-2 (1).

328 Tumor protein 49 (TP49 or P49)-induced glycolysis and apoptosis regulator (TIGAR) as a target
329 of TP49 interacts with hexokinase 2, which modulates the glycolytic pathway, thereby
330 increasing NADPH production and decreasing the levels of active species of oxygen (mROS) (1).
331 Inhibition of TIGAR causes the production of reactive oxygen species (mROS) and autophagy,
332 while overexpression of TIGAR reduces autophagy induced by nutrient deprivation or hypoxia in
333 a p49-independent manner (1). TIGAR inhibition also induces mitophagy during ischemic injury,
334 which is restored by antioxidant treatment (1). Damage-regulated autophagy modulator
335 (DRAM), a p49-regulated gene, also induces autophagy (1). In addition, Sestrin1 and Sestrin2-
336 induced p49 induce autophagy through AMPK activation and thus inhibit mTORC1 (1).

337 3.3 Mitophagy

338 mROS are spontaneously generated during mitochondrial ATP production by OXPHOS, which
339 leads to a certain degree of mitochondrial damage. Damaged mitochondria leads to a decrease
340 in ATP and the release of cytoplasmic cytochrome c (Cyt c) which ultimately causes caspase
341 activation and then apoptosis occurs (1).

342 To prevent cell death, dysfunctional mitochondria are consequently removed from the
343 mitochondrial network through selective autophagy, mitophagy (2). Mitophagy can limit the
344 overproduction of mROS which confirms mitochondrial recycling and prevents the
345 accumulation of dysfunctional mitochondria. Mitophagy is mainly regulated by the PTEN-
346 induced parkin kinase 1 (PINK1) pathway, which is stimulated by MMP depolarization. PINK1 is
347 a Ser/Thr kinase that translocates to the outer mitochondrial membrane (OMM), which is
348 stabilized by low MMP, thereby causing mitochondrial depolarization (1). PINK1 then recruits
349 Parkin, which ubiquitylates the proteins located in the OMM such as VDAC1, leading to the
350 recruitment of the autophagic machinery and the selective sequestration of ubiquitylated
351 mitochondria into autophagosomes (2). In addition, mitochondrial proteins BNIP3 and NIX
352 contribute to mitophagy (1). In response to oxidative stress after ischemia/reperfusion (I/R),
353 BNIP3 is activated through homodimerization which causes mitophagy (1). NIX, an atypical BH3
354 protein, is required for mitophagy in developing erythrocytes. It directly recognizes GABARAP
355 located in the autophagosome, and subsequently causes mitophagy (1). ULK1 also regulates
356 mitophagy by translocating to mitochondria to phosphorylate the FUN14 domain-containing 1
357 protein (FUNDC1), an OMM protein, which is a receptor for hypoxia-induced mitophagy (1). The
358 relationship between mROS and autophagy is shown schematically in Figure 3.

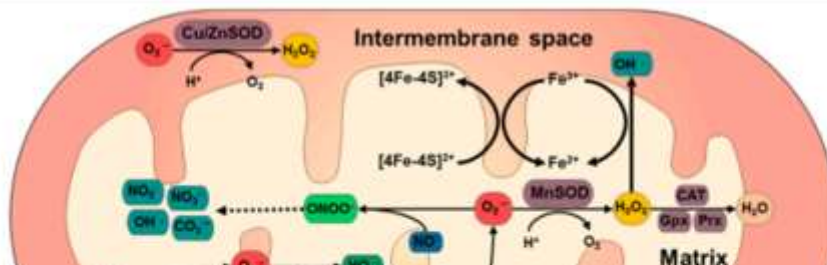
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Figure 3: Interaction between mitochondrial reactive oxygen species (mROS) production and autophagy activation.

CU/ZnSOD and MnSOD (copper/zinc and manganese superoxidases) catalyze the conversion (or splitting) of the superoxide radical (O_2^-) to hydrogen peroxide (H_2O_2) in the mitochondrial intermembrane space (IMS) and matrix, respectively. Hydrogen peroxide (H_2O_2) is converted to water by catalase (CAT), and a group of glutathione peroxidases (Gpxs) and peroxyredoxins (Prxs). Hydrogen peroxide (H_2O_2) reacts with redox active iron ions (Fe^{+2}) to produce hydroxy radical (OH) through Fenton reaction. Hydrogen peroxide can easily diffuse to other parts of mitochondria or cytosol. The reaction between O_2^- and nitric oxide (NO) produces peroxynitrite ($ONOO^-$), which decomposes into some highly oxidizing intermediates, including NO_2 , OH, and CO_3 , and finally to $-NO_3$ is stable. O_2^- It can also regenerate ferric ion (Fe^{3+}) to ferric ion (Fe^{2+}) in the iron-sulfur centers of proteins by itself, which causes the inactivation of enzymes and simultaneous loss of Fe^{2+} from enzymes. In addition, O_2^- can form the more reactive hydroperoxyl radical (HO_2) through protonation. Oxidative stress induced by mROS induces autophagy, and autophagy inhibitors such as chloroquine (CQ) and bafilomycin (BafA1) A1 can further induce mROS production. In addition, antioxidants reduce autophagic activation.

396 4.3 Clinical applications

397 4.3.1 Cancer

398 Cancer cells show continuous proliferation as a common feature, avoiding growth suppression
399 and resistance to cell death, during which metabolic activity is increased through anaerobic
400 metabolism, known as the Warburg effect (1). This effect leads to the generation of ROS
401 through incomplete OXPHOS. In addition, cancer cells are exposed to a microenvironment of
402 relatively low nutrients, oxygen (hypoxia) and pH, which leads to more ROS production (1).
403 Therefore, the level of mROS is often increased in cancer cells compared to normal cells (1). In
404 addition, treatment with chemotherapy agents or radiation therapy induces the production of
405 mROS in cancer cells (1). Undoubtedly, autophagy is one of the defense mechanisms against
406 oxidative stress. MROS-regulated autophagy has distinct beneficial and detrimental functions in
407 cancer biology (1). First, it is considered to have a tumor suppressor effect during tumor
408 initiation and malignancy progression, helping to remove damaged organelles and cells, thereby
409 preventing cell proliferation and genomic instability (32). Mutant p49 blocks the autophagy
410 process by inhibiting the transcription of Sestrin1 and Sestrin2, which are AMPK activators (1).

411 Similarly, mTOR as a nutrient sensor plays a role in suppressing autophagy and promoting
412 proliferation in cancer cells and is activated by glucose, amino acid, nucleotide, fatty acid, lipid,
413 growth factors and hypoxia (33). One of these factors, phosphatidic acid (PA), which is
414 produced by the catalytic hydrolysis of phosphatidylcholine through phospholipase D (PLD), can
415 stimulate the activation of mTORC1 and thus inhibit AMPK in cancer cells (1). Therefore, the
416 control of PLD can be important for the efficacy of chemotherapeutic agents by facilitating
417 autophagic pathways. Beclin1 reduction is often observed in various human cancers such as
418 breast, prostate and ovarian cancer (1). Loss of Beclin1 attenuates autophagy induction and
419 increases cancer cell proliferation. Attenuation of UVRAG or Bif1 also increases cancer cell
420 proliferation through disruption of autophagosome formation (1). Epidermal growth factor
421 receptor (EGFR) inhibits autophagy by interacting with Beclin1, while administration of
422 cetuximab inhibits EGFR through suppression of micro RNA 216b (miR-216b), which can prevent
423 the translation of Beclin1 (34).

424 On the other hand, autophagy plays a role in tumor progression, participation in the survival of
425 cancer cells and the expression of oncogenes (1). Although autophagy is inactivated during the
426 initiation of tumorigenesis, it tends to restore tumor progression by allowing cancer cells to
427 acquire chemotherapy resistance (1). In addition, autophagy enables cellular components to be
428 recycled to supply metabolic substrates and removes damaged mitochondria in cancer cells (1).
429 Especially, NRF2 transcription factor is the main regulator of antioxidant response in cancer
430 cells (35). NRF2 activation is associated with poor prognosis of chemotherapy-resistant cancer
431 patients through reduction of oxidative stress (35,36). In cancer metabolism, NRF2 helps break
432 down glutamine to glutamate, which provides a nitrogen source for cancer cells to synthesize
433 non-essential nucleotides and amino acids (1,36). In addition, in response to oxidative stress,
434 NRF2 induces autophagy through its unconventional signaling pathway, p62 gene activation, by

430 which cancer cells avoid apoptosis (1). NRF2 activation attenuates cancer therapy by targeting
436 autophagy. Therefore, a combination therapy to simultaneously target autophagy and NRF2
437 could be a good strategy in cancer treatment. Cancer stem cells (CSCc) are a subset of cancer
438 cells that have the ability to self-renew and are directly related to tumor initiation,
439 chemoresistance, and metastasis (1). Autophagy (mitophagy) also plays a role in the survival of
440 cancer stem cells through redox balance (37). Autophagy is required for the CD44+/CD24low
441 phenotype in breast CSCs, which is reduced by LC3 or ATG12 deletion or chloroquine treatment
442 (1).

443 Autophagy plays an important role in the transformation of pancreatic cancer cells into CD132+
444 CSC-like cells (CD132+ cancer stem cells) under hypoxia (1). Similarly, autophagy proteins, such
445 as Beclin 1, ATG5 and ATG7, are increased in CD132+ CSC cells (CD132+ liver cancer stem cells)
446 of the liver under hypoxic conditions (1).

447 **4.3.2 Diabetes**

448 Diabetes mellitus, especially type 2 diabetes (T2DM), is one of the most common metabolic
449 diseases, which is primarily involved in hyperglycemic mitochondrial dysfunction, insulin
450 resistance, fat accumulation, and abnormal regulation of autophagy (1,39). ROS and oxidative
451 stress are closely related to the onset of diabetes and its complications (1). Hyperglycemia
452 stimulates the diacylglycerol (DAG)-protein kinase (PKC) C-NADPH oxidase (NOXs) axis to
453 accumulate ROS, which has been suggested. It causes the development of diabetes (1).
454 However, mitochondria are also considered as the main source of ROS in diabetes, because
455 glucose is the main source of energy for the ETC function during OXPHOS (1). In addition,
456 antioxidant enzymes in two diabetic patients with increased levels Oxidative stress changes (1).
457 Autophagy (mitophagy) has cellular protective roles against insulin resistance and obesity by
458 reducing oxidative stress caused by mROS (1). Autophagy is suppressed by chronic
459 hyperglycemia and subsequent insulin resistance. Beta-pancreatic cell line, Ins-1 cells, show
460 apoptotic cell death through autophagy disruption with cathepsin inhibitor treatment under
461 high glucose conditions (1). Autophagy is involved in cell structure and function: genetic
462 ablation of Atg7 in pancreatic β -cells causes islet degeneration and impaired insulin secretion,
463 and Atg7 mutant mice show impaired glucose tolerance and hypoinsulinemia (1). In addition,
464 autophagy is inhibited in streptozotocin-induced diabetic mice under high glucose conditions
465 (1). In diabetic hearts, autophagy is reduced through inactivation of AMPK and subsequently
466 JNK1-Bcl2, which cannot inhibit mTORC1 (1). A decrease in autophagic proteins has been
467 observed in skeletal muscle of insulin-resistant T2DM patients (40). In adipose tissue,
468 autophagy is also increased through weak mTORC1 activity (1). In the liver, autophagy is
469 inhibited in the presence of insulin resistance and hyperinsulinemia (1). Although autophagy
470 clearly has a beneficial role in insulin resistance and T2DM, the exact underlying mechanism in
471 T2DM remains to be investigated and elucidated in detail. Autophagy is also involved in
472 lipotoxic conditions. Cholesterol-induced ER (endoplasmic reticulum) stress increases
473 autophagic flux in pancreatic β -cells and facilitates the conversion of LC3B-I to LC3B-II.

474 Cholesterol-induced autophagy was reduced by treatment with the chemical chaperone 4-
475 phenylbutyrate (4-PBA) (41). Autophagy induced by ER stress can be regulated independently
476 of mTORC1 (. In addition, glucolipototoxicity induces autophagy through TFEB in primary
477 pancreatic β -cells (42).

478 **4.3.3 Neurodegeneration**

479 Neurodegenerative diseases are closely related to specific protein accumulations and abnormal
480 autophagy process. Therefore, autophagy plays important roles in neurodegenerative
481 pathology and treatment (1). Autophagy is related to the maintenance and integrity of nerve
482 cells due to the post-mitotic nature of neurons (1,). It also reduces oxidative stress by removing
483 unnecessary or damaged organelles and abnormal protein accumulations in damaged neurons,
484 which is beneficial for cell survival (1). Emerging roles of autophagy including antioxidant
485 defense mechanisms for neural homeostasis have been suggested (43). It has been proven that
486 autophagy disorder caused by excessive oxidative stress is involved in the development of
487 neurological diseases and their aggravation (1). Alzheimer's disease (AD) is one of the most
488 common types of dementia which is characterized by extracellular amyloid beta plaques ($A\beta$)
489 and intracellular protein tau (τ). $A\beta$ is produced by the enzymatic cleavage of amyloid precursor
490 protein (APP) (1). Oxidative stress is important in the pathogenesis of Alzheimer's disease (AD)
491 and is related to the formation of $A\beta$ plaques, the phosphorylation of tau protein (τ) and the
492 formation of fibrillary tangles (44). Autophagy participates in $A\beta$ degradation (45). The
493 accumulation of $A\beta$ leads to disruption of the integration of autophagosomes with lysosomes
494 (1). Autophagy is involved in the release of $A\beta$ into the extracellular space where it forms
495 plaques. Deletion of ATG7 in APP transgenic mice leads to a decrease in $A\beta$ secretion and
496 plaque formation (1). A mutation in Presenilin1 (PSEN1), which is involved in APP cleavage,
497 shows one of the main features of AD (1) and leads to impaired lysosome function and AB
498 accumulation (1). PSEN1 also acts as an ER chaperone for the V01 subunit of the lysosomal V-
499 ATPase, the mutation of which disrupts the maturation of the lysosomal v-ATPase, thereby
500 increasing lysosomal pH (1). Accumulation of tau protein (τ) in intracellular veins is also one of
501 the prominent pathologies of AD. Hyperphosphorylated τ protein colocalizes with LC3B-II and
502 p62 in patients with AD as well as other neurodegenerative disorders such as progressive
503 supranuclear palsy (PSP) and corticobasal degeneration (CBD) (45). In addition, aberrant τ
504 proteins. They impair axonal vesicle transport through complex inhibition and thus increase the
505 number of autophagosomes in AD (1). Recently, it has been reported that the flow of autophagy
506 and stress granules can be regulated by RNA binding proteins (RBPs) such as T cell intracellular
507 antigen 1 (TIA-1), poly-binding protein (PABP) (A), Activating protein donor (G3BP1) controlled
508 Ras GTPase 1, fusion sarcoma (FUS) and DEAD box (DDX5) 5 (51). The level of these proteins
509 increases in chronic stress and glucocorticoid responses. Furthermore, these RBPs appear to be
510 associated with oxidative stress responses and may be therapeutic targets to prevent stress
511 granule formation in AD and other tau pathologies.

As a movement disorder, Parkinson's disease (PD) is characterized by the loss of dopaminergic neurons in the substantia nigra (48), which is pathologically associated with mitochondrial oxidative stress, dysfunction, and protein accumulation (1). In PD, the autophagy pathway is disrupted and leads to the accumulation of abnormal proteins (1). Several genes are associated with the early pathology of Parkinson's disease (PD), including PINK1, Parkin, α -synuclein, and glucocerebrosidase (GBA) (1). Autosomal recessive Parkinson's disease (PD) is associated with mutations in PINK1 and Parkin, which impair the degradation of damaged mitochondria through mitophagic activation (49). Genetic ablation of Pink1 led to disruption of striatal mitochondrial respiration and vulnerability to oxidative stress in nerve cells (1). Similarly, parkin deletion impairs striatal mitochondrial function and synaptic plasticity (1). PD is also characterized by intracytoplasmic bodies (Lewy bodies) present in the neuronal nucleus, which consist of an insoluble protein aggregate of α -synuclein that is degraded by CMA. However, mutant α -synuclein has a high affinity for LAMP-2A, which prevents lysosomal uptake of substrates, thus preventing CMA-dependent degradation (1). Independent of the protein components, increased levels of synuclein disrupt autophagy, leading to mislocalization of ATG9 (1). In addition, GBA is one of the genetic risk factors for PD, whose homozygous mutations cause lysosomal disorders and Gaucher disease. The loss of GBA causes the accumulation of its glucosylceramide substrate in the lysosome, which leads to the disruption of autophagy by lysosomal dysfunction (45).

Huntington's disease (HD) is a neurological disorder caused by mutated proteins with expanded glutamine repeats (polyQ) (1). The pathogenesis of HD is strongly influenced by the dysfunction of neuronal autophagy. Huntingtin (HTT) is the most studied polyQ protein whose mutation has been observed in HD; It impairs cargo recognition by autophagosomes (1). Wild-type HTT acts as a scaffolding protein involved in the recruitment of several autophagic proteins to the autophagosome in the selective autophagy process (1). Loss of huntingtin reduces autophagosomal transport and subsequently leads to the degradation of substrates (1). Mutant huntingtin also inhibits a striatal-specific protein, Rhes, which interacts with Beclin1 to process autophagy (1).

4.3.4 Cardiovascular diseases

Autophagy at basal levels is necessary to maintain cellular homeostasis in cardiomyocytes (1). Cardiomyocytes are dependent on the removal of damaged proteins and dysfunctional organelles for maintenance and survival (1). In particular, cardiomyocytes are highly enriched in mitochondria. When damaged or exhausted, these organelles are rapidly eliminated by autophagic degradation (mitophagy). Disturbance in the degradation pathway causes high levels of mROS accumulation, which leads to the accumulation of protein aggregates, dysfunctional mitochondria, and pathological remodeling of the heart (1). Ischemia/reperfusion (I/R) is related (38). Danon disease (or glycogen storage disease type IIb) is an X-linked lysosomal and glycogen storage disorder associated with cardiac hypertrophy. In Danon disease, LAMP-2, which is required for autophagosome-lysosome fusion, is genetically deficient

001 (1). In models of transverse aortic constriction (TAC), deletion of myocardial Atg5 causes cardiac
002 hypertrophy, left ventricular dilation, and contractile dysfunction (1). In addition, knockdown of
003 Beclin 1 inhibited autophagosome formation and consequently increased cell death in a mouse
004 model of I/R (1). In chronic ischemia, autophagy and mitophagy are required for cardiomyocyte
005 survival to avoid tissue damage (1). Vacuolar assembly of the integral membrane protein
006 VMA21 ATPase, a V-ATPase chaperone, together with V-ATPase, facilitates the proton pump
007 and it acidifies the organelles, which increases the lysosomal pH shift and thereby interrupts
008 autophagolysosomal degradation in X-linked myopathy with excessive autophagy. Conversely,
009 autophagy may play a detrimental role in cardiovascular disease. Haploic beclin-1 attenuates
010 cardiac pathological remodeling and counteracts TAC-induced overload stress. Conversely,
011 heart-specific Beclin1 overexpression enhanced the pathological remodeling response. In
012 addition, inhibition of Beclin1 by the cardiac peptide urocortin causes cardiomyocyte
013 weakening and cell death by inducing excessive autophagy in I/R injury (1).

014 **5.3.Immunity**

015 Autophagy plays an important role in immunity, which consequently affects the pathogenesis
016 of inflammation (1). Autophagy destroys invading pathogens through a selective xenophagy
017 pathway in response to various types of infections (1). Adapter proteins such as NDP48,
018 optineurin and p62 play a role in xenophagy (xenophagy) by binding to ubiquitinated proteins
019 and directing autophagic proteins further which is related to various aspects of adaptive and
020 innate immunity including antigen presentation, cytokine and interferon production, and
021 lymphocyte development. Microbial infection activates the host's immune system, where
022 autophagy can act as part of innate immunity, thereby eliminating invading pathogens (1).
023 Inflammasomes are a cytosolic protein complex that forms in response to invading pathogens
024 and leads to the subsequent processing and release of interleukin 1 alpha, interleukin 1 beta,
025 and interleukin 18. Inflammasomes contain an apoptosis-associated speck-like protein
026 containing a caspase recruitment domain (ASC), pro-caspase 1, and proteins for sensing
027 microbial products, including the nucleotide oligomerization domain (NOD)-like receptor family
028 of proteins, which include NLRP1, NLRP3 and NLRC4. MROS and lysosomal damage can cause
029 the activation of inflammation, which is inhibited by clearing the damaged organelles through
030 autophagy. The antimicrobial role of autophagy is also controlled by Th2/(Th1) helper T cell
031 polarization. Th1 cytokines induce phagocytosis, while Th2 cytokines prevent it (1). ophagy
032 through sensing by Toll-like receptors (TLRs) by which invading pathogens are destroyed.
033 Crohn's disease is a type of inflammatory bowel disease (IBD) that is closely related to
034 autophagy dysregulation (1) which is characterized by a single nucleotide polymorphism (SNP)
035 in ULK1. Therefore, the autophagy process is impaired during disease. Mutations in the leucine-
036 rich domain of nucleotide oligomerizing domain-containing protein 2 (NOD2) are also
037 associated with Crohn's disease. NOD2 recruits ATG16L to the plasma membrane during
038 bacterial invasion. Mutation in NOD2 perpetuates inflammation through disruption of
039 autophagy induction and antigen presentation (1). The SNP in Atg161L also reduces
040 autophagosome formation in the disease. An autophagy-related protein, microtubule-

091 associated protein S 1 (MAP1S), interacts with LC3B and is involved in autophagosome
092 formation, which promotes survival of intestinal epithelial cells through Wnt/ β -catenin
093 signaling in Crohn's disease. (1)

094 **4. Conclusion**

095 In the present study, we gave an overview of the functions of mitochondrial reactive oxygen
096 species in autophagy and other pathological states. mROS are inevitably produced as
097 byproducts of bioenergetics, which in turn form part of cellular nature. In addition, they are
098 directly or indirectly responsible as messengers for various cell signaling pathways. Autophagy
099 is an integral biological process critical for cellular and organismal homeostasis. It allows spatial
100 reorganization and energy supply to cells through the regular destruction machinery of
101 unnecessary or inefficient components. Evidence suggests that mROS are upstream modulators
102 of autophagy. Therefore, mitochondrial reactive oxygen species and autophagy are very
103 important for maintaining cell homeostasis and cell life. Autophagy primarily has beneficial
104 effects on mROS, which sense oxidative stress and thereby eliminate damaged or expired
105 cellular components. In pathology, a number of studies have also demonstrated the
106 interrelationship between redox signaling and autophagy in the progression of various diseases.
107 Excessive production of ROS causes the accumulation of oxidative stress, which is certainly
108 involved in chronic pathologies such as metabolic, neurodegenerative, cardiovascular and
109 immune diseases, as well as cancers. Disruption of the autophagy process causes dysfunction of
110 mitochondria and thus increases the production of mROS. Certainly, autophagy tends to reduce
111 oxidative stress. However, depending on the cellular or tissue environments, autophagy in
112 response to mROS production exacerbates diseases. In this aspect, autophagy repair may be a
113 therapeutic strategy for oxidative stress-related diseases. In summary, mROS-induced
114 autophagy can be a cellular protective mechanism that reduces oxidative stress or a destructive
115 process. Therefore, we still need to elucidate the regulatory mechanisms of autophagy in redox
116 signaling of various cellular physiologies and pathologies. Proper regulation of autophagy is
117 crucial for the development of future therapeutic strategies for chronic pathologies of the
118 oxidative stress response, based on pharmacological modulation.

119 **Ethics**

120 As no human or animal subjects were involved in this study, and the data were collected from
121 previous studies conducted in Iran, ethical committee approval was not required.

122 , and/or publication of this article.

123 **Author contributions**

124 Study concept and design: M. T.M. and R.M.

620 Acquisition of data: M. T.T .Data analysis and interpretation: M. T.

626 Manuscript preparation: M. T.M and R.M.

627 Critical revision of the manuscript for important intellectual

628 content: M. T.M., and R.M.

629 All authors approved the submitted version and agreed to

630 be personally accountable for the integrity of any part of the work.

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634 **Conflict of Interest**

635 The authors declare that they have no conflict of interests.

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639 **Data Availability:** The data that support the findings of this study are available

640 on request from the corresponding author.

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