

1 **Probiotic strategies for detoxification of AFM1 in skim milk using *Bifidobacterium lactis***  
2 **and *Streptococcus thermophiles***

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18  
19 **Abstract**

20 This study was conducted to evaluate the efficacy of *Bifidobacterium lactis* and *Streptococcus*  
21 *thermophilus*, both independently and in combination, in detoxifying skim milk contaminated  
22 with aflatoxin M1 (AFM1). To achieve this, two concentrations of the bacteria (8 and 10 log  
23 CFU/mL) were inoculated into skimmed milk contaminated with three levels of AFM1 (0.1,  
24 0.25, and 0.5 µg/mL) and incubated at two different temperatures (4 and 42 °C). High-  
25 performance liquid chromatography (HPLC) was employed to measure the removal percentage  
26 of AFM1 at various intervals (30, 60, 120 minutes, and 24 hours). Results indicated a significant  
27 time-dependent increase in AFM1 removal from the skim milk. The removal efficiency of AFM1  
28 by these bacterial strains ranged from 12% to 87%, influenced by bacterial concentration,  
29 incubation time, toxin concentration, and whether the bacteria were used alone or in  
30 combination. *B. lactis* exhibited a superior AFM1 removal capacity compared to *S.*  
31 *thermophilus*. The optimal strategy for maximum AFM1 removal (87%) involved treating

contaminated milk spiked with 0.5 µg/mL of AFM1 with a mixture of *B. lactis* and *S. thermophilus* at concentrations of 10 and 8 log CFU/mL, respectively, and incubating at 42°C for 24 hours. This study suggests a potentially effective method for reducing AFM1 concentrations in the dairy industry, thereby mitigating public health risks associated with aflatoxin contamination. The implications of these findings could contribute significantly to improving food safety standards and reducing exposure to harmful toxins in dairy products. Further research is recommended to explore the underlying mechanisms of AFM1 removal by these probiotic strains and to validate these findings under commercial dairy processing conditions.

**Keywords:** AFM1, Probiotic, HPLC, Milk, Detoxification

## 1. Background

Aflatoxins (AFs), as one of the most important mycotoxins, are natural by-products that cause serious food quality and safety problems worldwide. AFs are produced by the fungal species *Aspergillus*, particularly *Aspergillus flavus*, *Aspergillus parasiticus*, and *Aspergillus nomius* (1, 2). They are commonly found in foods and feeds such as cereals, oilseeds, spices, and nuts, especially in tropical regions of the world. Among 20 known AFs, AFB1, AFB2, AFG1, and AFG2 are the main ones. The highest toxicity is related to AFB1, which is produced by *A. flavus* and is often found in the feed of dairy ruminants. Aflatoxin M1 (AFM1) is a hydroxylated metabolite of AFB1 formed in the liver and excreted in the milk of animals or humans which consumed an aflatoxin-contaminated diet. Various factors, including the type of species, type of diet, and individual factors such as lactation period and milk production yield, influence the conversion of AFB1 to AFM1 (3, 4). Milk and dairy products with a high consumption rate for all ages, especially children, act as a vehicle of contaminants that are a serious risk to human health. Aflatoxins are known for their heat-resistant properties, which means that even the pasteurization process of milk is not sufficient to inactivate AFM1 contamination. (5).

Despite affecting a wide range of important agricultural products and increasing economic costs, AFs are carcinogens and hepatotoxic agents. Due to the high incidence of AFM1 in milk, several countries have implemented strict control policies to reduce aflatoxin exposure risk(6). Efforts to detoxify contaminated products have been ongoing for decades(7). Several strategies have been

73 developed to prevent mycotoxigenic fungi growth and eliminate or inactivate AFM1 in milk.  
74 However, these strategies have limitations such as reduced nutritional value, low organoleptic  
75 quality, low efficiency and safety concerns, and high cost. Recently, biological methods have  
76 been considered as alternative strategies to chemical and physical treatments(8, 9). Recently,  
77 some lactic acid-producing microorganisms have been gaining attention due to their ability to  
78 detoxify AFM1 in contaminated milk (10, 11).

79 Aflatoxin detection and quantification are very important aspects of safety concerns. Various  
80 methods can be used to detect aflatoxin, while enzyme-linked immune-sorbent assay (ELISA)  
81 and High-performance liquid chromatography (HPLC) are the most widely used methods.

82 Given food safety, public health hazards, and economic considerations related to the presence of  
83 aflatoxin in food and animal diets such as silage, the combination of beneficial microorganisms  
84 is probably the best strategy for achieving the optimal effect. Bifidobacteria are abundant in  
85 normal gut flora and used in dairy products as probiotics and aflatoxin detoxification. Some  
86 species of Bifidobacteria, such as *Bifidobacterium bifidum* and *Bifidobacterium lactis*, have been  
87 reported to possess aflatoxin detoxification properties. Additionally, *S. thermophilus*, as a major  
88 dairy starter, has antimicrobial, antioxidant, and antitoxin effects (12).

89 Even though there are some reports on AFB1 detoxification by different microbes, the effects of  
90 *Streptococcus thermophilus* and *Bifidobacterium lactis* have not been compared. The objective  
91 of this study was to select the most effective method to detect aflatoxin M1 contamination in  
92 skim milk using HPLC. Since physicochemical parameters, such as temperature and the  
93 concentrations of AFM1 and probiotics, could affect the detoxification of AFM1 (13, 14), we  
94 initially investigated the detoxification effect of bacteria with two levels of bacteria  
95 concentration (8 and 10 logs CFU/mL) and incubation temperature (4 and 42 °C) as well as three  
96 levels of AFM1 concentrations (0.1, 0.25 and 0.5 µg /mL) during storage at the different time  
97 point (30, 60, 120 min and 24h) using HPLC. In the second step, we chose the best strategies for  
98 each bacterium and then compared the individual probiotics to determine the most effective  
99 strategy for detoxifying AFM1.

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## 91 **2. Materials and methods**

### 92 **2.1.Preparation of bacteria**

93 The bacterial strains used in this study, *Bifidobacterium animalis* subsp. *lactis* Bb12 and  
 94 *Streptococcus thermophilus* PTCC7788, were purchased from Chr. Hansen (Denmark). To  
 95 prepare the cell suspension, 1g of lyophilized bacteria was cultivated in 100 mL of De Man,  
 96 Rogosa, and Sharpe (MRS) broth and M17 broth and incubated at 37 °C for 24 h. Then, the  
 97 culture media was centrifuged at 3500 ×g at 4 °C for 15 min to harvest the cells. The turbidity of  
 98 suspension was standardized to match that of a 10 McFarland standard which corresponds to  
 99 approximately 3×10<sup>10</sup> CFU/ mL. The cell suspension was counted using a hemocytometer  
 100 (Neubauer counting chamber) to obtain two final concentrations of 10 and 8 log CFU/ mL(15).

### 101 **2.2.Preparation of AFM1**

102 AFM1 powder (6795-23-9, Aokin, Germany) was diluted in acetonitrile to obtain a concentration  
 103 of 10 µg/mL. The AFM1 standard solution was further diluted in acetonitrile to obtain a  
 104 concentration of 1 µg/mL and stored at 4°C until use(16).

### 105 **2.3.Contamination and inoculation of skim milk**

106 Skimmed milk was prepared by mixing skim milk powder (115363, Merck, Germany) with  
 107 distilled water in a ratio of 1:10 (w/v). The skim milk samples were agitated for 5 minutes and  
 108 then centrifuged at 3500 ×g at 4 °C for 10 minutes to separate the cream. After centrifugation, the  
 109 upper cream layer was completely removed from the skim milk. Then, samples were spiked with  
 110 three different concentrations of AFM1 working solutions (0.1, 0.25, and 0.5 µg /mL) at 42 °C.  
 111 After milk contamination, 9 mL samples separately and in combination were inoculated with  
 112 bacteria at two concentrations (10 and 8 log CFU /mL) and incubated at two temperatures (4 and  
 113 42 °C) for different time points (30, 60,120 min, and 24 h). The skim milk samples with AFM1  
 114 and bacteria were the positive control, and those without bacteria were the negative control.  
 115 After due time, the samples were centrifuged at 2750 ×g for 5 min to harvest the supernatant to  
 116 evaluate the residual aflatoxin(17). Each treatment sample was named according to Table 1.

118 Table 1: Culture condition for tested strains

Treatment type	Bacterial Concentration (BC) 8 and 10 log CFU /mL	Temperature (Tem) 4 and 42 °C	Toxin concentration (TC) 0.1, 0.25 and 0.5 µg /mL
<i>B. lactis</i>	B.L-8,	B.L-4,	B.L-0.1,

	B.L-10	B.L-42	B.L-0.25, B.L-0.5
<i>S. thermophilus</i>	S.T-8 S.T-10	S.T-4 S.T-42	S.T-0.1, S.T-0.25, S.T-0.5

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B.L: *B. lactis*, S.T: *S. thermophilus*

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#### 2.4.AFM1 determination by HPLC method

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The detection of AFM1 residues in skim milk was evaluated using the HPLC method, as described by Sarlak et al.(18), with minor modifications. An HPLC system (Waters Alliance 2695 Separations Module) equipped with a column (Grom Sil C18 ODS-5ST, 5µm×250×4.6mm) and a fluorescence detector 2475 were used in this study. The excitation and emission wavelengths were set at 365 and 465 nm, respectively. The mobile phase consisted of water, methanol, and acetonitrile in a ratio of 60:20:20. The flow rate was set at 1 mL/min and the injection volume was 150µl.

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The percentage of AFM removed by bacteria was calculated as follows.

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%AFM1 removal=100 \* [1 - (peak area of sample)/ peak area of positive control)].

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#### 2.5.Statistical analysis

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The data in the study were described using frequency (percent) and Mean±SD for qualitative and quantitative variables, respectively. The normality distribution of quantitative variables was assessed using the Shapiro–Wilk test. To compare the mean of normal and non-normal quantitative variables between the two treatment types (*B. lactis* and *S. thermophilus*), the independent T-test and Mann-Whitney U test were applied. The Kruskal-Wallis test was used to compare the mean of quantitative variables between the three toxin concentrations (0.1, 0.25, and 0.5 µg /mL). If there was a significant difference between the three toxin concentrations, the Dunn-Bonferroni test was utilized to find out which mean differences between the two toxin concentrations caused significant differences between the three toxin concentrations. In addition, the effect of the treatment type, temperature, toxin concentration, and bacterial concentration on AFM1 removal percent was evaluated using the generalized estimating equations (GEE) model. All statistical analyses were performed using SPSS version 20 at the significant level of 0.05

146 **3. Results**

147 We examined the AFM1 removal percent of two bacteria (*B. lactis* and *S. thermophilus*) with two  
 148 levels of bacteria concentration (8 and 10 logs CFU/mL) and incubation temperature (4 and 42  
 149 °C) as well as three levels of AFM1 concentrations (0.1, 0.25 and 0.5 µg /mL) during storage at  
 150 the different time point (30, 60, 120 and 1440 min) using HPLC.

151 **3.1 . Effect of bacterial concentration**

152 Our findings showed that there is a significant difference between the two treatment types in  
 153 both bacteria concentrations at a time of 30 min (P <0.05). At times 60 min, 120 min, and 1440  
 154 min, we also in the 10 logs CFU/mL found that the mean of AFM1 removal in the *B. lactis* is  
 155 significantly higher than *S. thermophiles* (P <0.05). No significant difference was observed in the  
 156 mean of AFM1 removal percent between the two levels of bacteria concentrations by treatment  
 157 types (P>0.05) (Table 1). Figure 1-A and Figure 1-B show the trends of AFM1 removal percent  
 158 during time in both treatment types by bacterial concentration (BC). Results from the Friedman  
 159 test revealed that the mean AFM1 removal rate at each treatment type increased significantly  
 160 during the time in both bacterial concentrations (P <0.05).

161 **Table 1: The Comparison of AFM1 removal percent between treatment types and bacterial**  
 162 **Concentration within each treatment type by time#.**

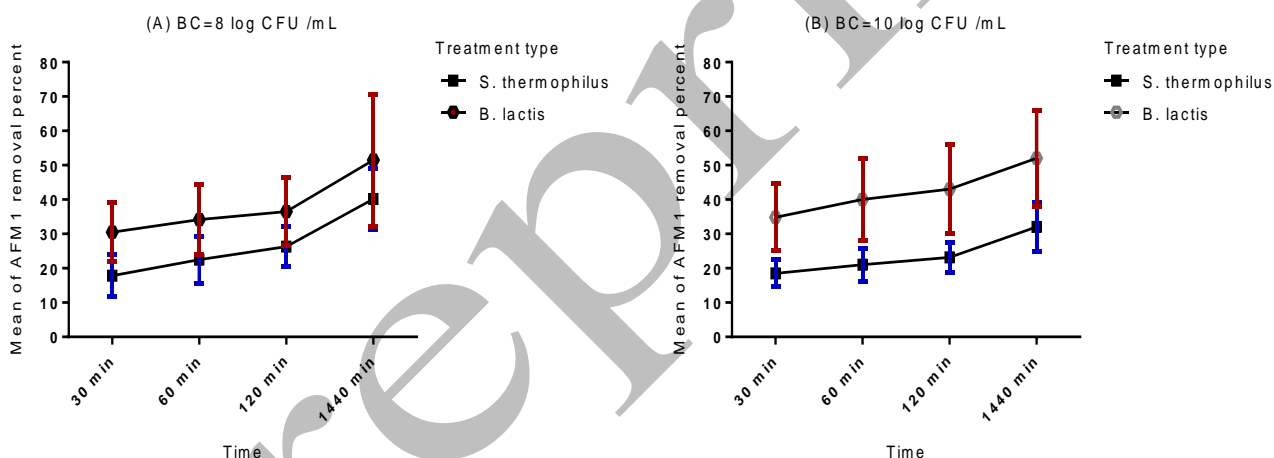
Time (min)	Bacterial Concentration (BC)	Treatment type		P-value
		<i>B. lactis</i>	<i>S. thermophilus</i>	
30	8 log CFU /mL	30.50±8.68	17.83±6.21	0.02*
	10 log CFU /mL	34.83±9.74	18.50±3.93	0.005*
	P-value	0.52	0.62	
60	8 log CFU /mL	34.17±10.26	22.50±6.80	0.054
	10 log CFU /mL	40.00±12.06	21.00±4.85	0.01*
	P-value	0.33	0.68	

120	8 log CFU /mL	36.50±9.87	26.33±5.82	0.055
	10 log CFU /mL	43.00±12.99	23.17±4.44	0.008*
	P-value	0.37	0.33	
1440	8 log CFU /mL	51.50±19.21	40.17±8.88	0.14
	10 log CFU /mL	52.00±14.01	32.00±7.15	0.01*
	P-value	0.68	0.12	

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\*Significant at the level of 0.05; # Values are reported as Mean±SD.



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167 **Figure 1: Change trends of AFM1 removal percent in both treatment types in terms of bacterial**  
 168 **concentration (BC).**

### 169 **3.2. Effect of incubation temperature**

170 Table 2 shows the results of evaluating the percentage of AFM1 removal between treatment  
 171 types at different time points and temperatures. We found that the mean percentage of AFM1  
 172 removal had a significant difference between the two treatment types at 30, 60, and 120 minutes  
 173 (P <0.05). At 1440 minutes, the mean percentage of AFM1 removal in the *S. thermophilus* group  
 174 had significantly reduced compared to the *B. lactis* group only at 4 °C (P <0.05). In the *S.*  
 175 *thermophilus* group, a significant difference was observed in the mean percentage of AFM1

176 removal between the two temperatures at 30, 60, and 120 minutes ( $P < 0.05$ ). However, in the *B.*  
 177 *lactis* group, no significant difference was observed in the mean percentage of AFM1 removal  
 178 between the two temperatures ( $P > 0.05$ ). As shown in Figure 2-A and Figure 2-B, the mean  
 179 percentage of AFM1 removal in both treatment types increased over time at both temperatures  
 180 under study. Results from the Friedman test indicated that the mean AFM1 removal rate at each  
 181 treatment type increased significantly over time at both temperatures ( $P < 0.05$ ).

182  
 183 **Table 2: The Comparison of AFM1 removal percent between treatment types and temperature by**  
 184 **time#.**

Time (min)	Temperature (T)	Treatment type		P-value
		<i>B. lactis</i>	<i>S. thermophilus</i>	
30	4 °C	28.33±8.16	13.67±1.63	0.004*
	42 °C	37.00±8.36	22.67±1.75	0.004*
	P-value	0.07	0.004*	
60	4 °C	32.00±10.11	16.67±1.03	0.003*
	42 °C	42.17±10.34	26.83±2.85	0.006*
	P-value	0.09	0.003*	
120	4 °C	34.67±10.25	21.33±1.96	0.004*
	42 °C	44.83±11.16	28.17±5.26	0.006*
	P-value	0.09	0.04*	
1440	4 °C	51.33±20.13	33.67±4.17	0.03*
	42 °C	52.17±12.64	38.50±11.77	0.055
	P-value	0.68	0.22	

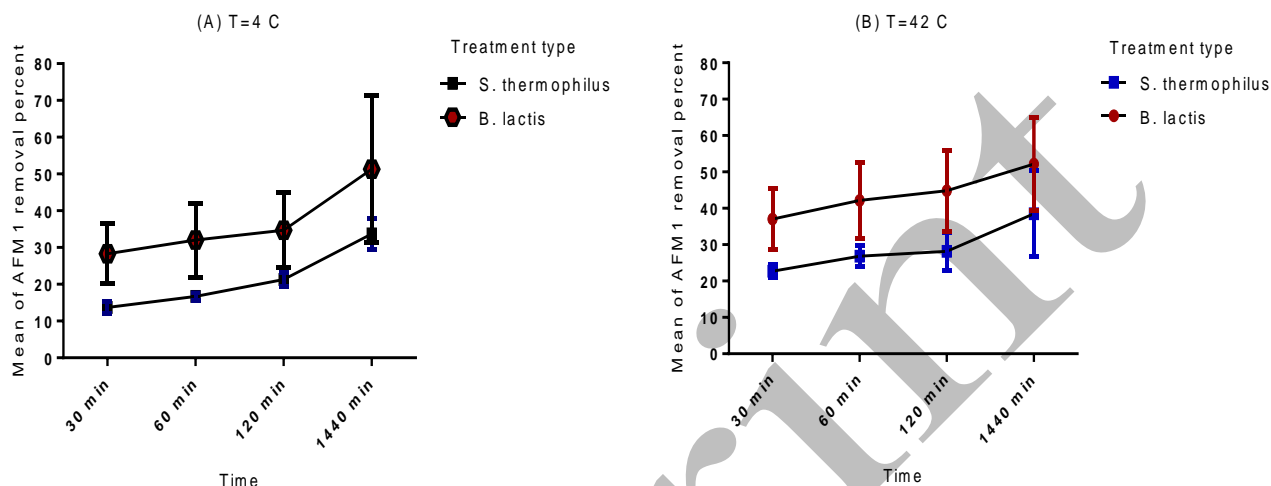
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186 \*Significant at the level of 0.05; # Values are reported as Mean±SD.



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۱۹۱ **Figure 2: Change trends of AFM1 removal percent in both treatment types in terms of temperature**  
۱۹۲ **(T).**

### ۱۹۳ **3.3. Effect of treatments on AFM1 concentration**

۱۹۴ Table 3 presents a comparison of the AFM1 removal percentage between two treatment types at  
۱۹۵ different time points in terms of three toxin concentrations (0.1, 0.25, and 0.5  $\mu\text{g}/\text{mL}$ ). Our  
۱۹۶ findings revealed that there was a significant difference between the two treatment types at 0.25  
۱۹۷ and 0.50  $\mu\text{g}/\text{mL}$  toxin concentrations at times 30 and 60 minutes ( $P < 0.05$ ). At 120 and 1440  
۱۹۸ minutes, we observed that the mean AFM1 removal rate in the *B. lactis* group was significantly  
۱۹۹ higher than that in the *S. thermophiles* group at 0.50  $\mu\text{g}/\text{mL}$  toxin concentration ( $P < 0.05$ ). In the  
۲۰۰ *B. lactis* group, we observed a significant difference in the mean AFM1 removal percentage  
۲۰۱ between the three toxin concentrations (0.1, 0.25, and 0.5  $\mu\text{g}/\text{mL}$ ) at times 30, 60, and 120  
۲۰۲ minutes based on the results of the Kruskal–Wallis test ( $P < 0.05$ ). To understand which mean  
۲۰۳ differences between the two toxin concentrations had caused significant differences between the  
۲۰۴ three toxin concentrations, we used the Dunn-Bonferroni post-hoc test. According to Dunn-  
۲۰۵ Bonferroni post-hoc test results in the *B. lactis* group, there was a statistically significant  
۲۰۶ difference in mean AFM1 removal percentage between 0.1 and 0.5  $\mu\text{g}/\text{mL}$  toxin concentrations

۲۰۷ at times 30, 60, and 120 minutes ( $P < 0.05$ ). In contrast, no significant difference was observed in  
 ۲۰۸ the mean AFM1 removal percentage between the three toxin concentrations (0.1, 0.25, and 0.5  
 ۲۰۹  $\mu\text{g/mL}$ ) in the *S. thermophilus* group ( $P > 0.05$ ). Figure 1-A, Figure 1-B, and Figure 1-C show  
 ۲۱۰ trends of AFM1 removal percentage during time in both treatment types by toxin concentrations  
 ۲۱۱ (TC). The Friedman test results showed that the mean AFM1 removal rate at each treatment type  
 ۲۱۲ increased significantly during time in all three toxin concentrations ( $P < 0.05$ ).

۲۱۳ **Table 3: The Comparison of AFM1 removal percent between treatment types and toxin**  
 ۲۱۴ **concentration by time<sup>#</sup>.**

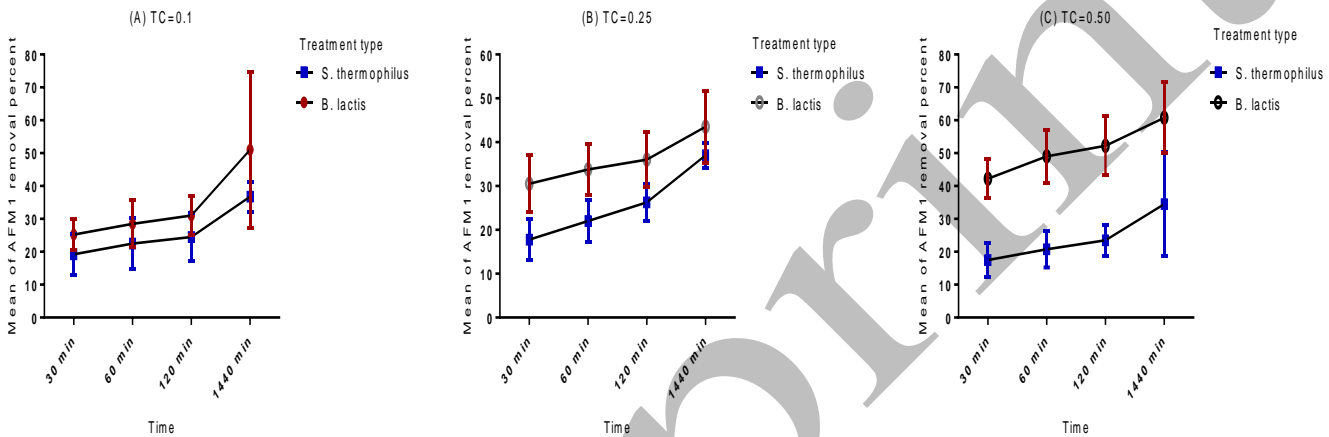
Time (min)	Toxin concentration (TC)	Treatment type		P-value
		<i>B. lactis</i>	<i>S. thermophilus</i>	
30	0.1 $\mu\text{g/mL}$	25.25 $\pm$ 4.78	19.25 $\pm$ 6.23	0.19
	0.25 $\mu\text{g/mL}$	30.50 $\pm$ 6.45	17.75 $\pm$ 4.64	0.02*
	0.5 $\mu\text{g/mL}$	42.25 $\pm$ 6.02	17.50 $\pm$ 5.26	0.02*
	P-value	0.02*	0.69	
60	0.1 $\mu\text{g/mL}$	28.50 $\pm$ 7.14	22.50 $\pm$ 7.89	0.38
	0.25 $\mu\text{g/mL}$	33.75 $\pm$ 5.85	22.00 $\pm$ 4.89	0.04*
	0.5 $\mu\text{g/mL}$	49.00 $\pm$ 8.04	20.75 $\pm$ 5.50	0.02*
	P-value	0.03*	0.80	
120	0.1 $\mu\text{g/mL}$	31.00 $\pm$ 6.05	24.50 $\pm$ 7.32	0.14
	0.25 $\mu\text{g/mL}$	36.00 $\pm$ 6.27	26.25 $\pm$ 4.34	0.08
	0.5 $\mu\text{g/mL}$	52.25 $\pm$ 8.99	23.50 $\pm$ 4.65	0.02*
	P-value	0.02*	0.58	
1440	0.1 $\mu\text{g/mL}$	51.00 $\pm$ 23.62	36.75 $\pm$ 4.57	0.19
	0.25 $\mu\text{g/mL}$	43.50 $\pm$ 8.18	37.00 $\pm$ 2.94	0.18

	0.5 µg /mL	60.75±10.87	34.50±15.78	0.04*
	P-value	0.15	0.48	

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216 \*Significant at the level of 0.05; # Values are reported as Mean±SD.

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220 **Figure 3: Change trends of AFM1 removal percent in both treatment types in terms of Toxin**  
 221 **concentration (TC).**

222

223 The generalized estimating equations (GEE) model was used to investigate the effect of  
 224 treatment type, temperature, toxin concentration, and bacterial concentration on AFM1 removal  
 225 percentage. Results from the GEE model showed that there was a statistically significant  
 226 difference in the mean AFM1 removal percentage between two treatment types, two  
 227 temperatures, two bacterial concentrations, and three toxin concentrations at baseline or first  
 228 measurement (30 min) ( $P < 0.05$ ). By adjusting the effect of other variables in the model, we  
 229 found that the mean AFM1 removal percentage in the B. lactis group was 14.90 units higher than  
 230 that in the S. thermophiles group at baseline or first measurement (30 min). Additionally, the  
 231 mean AFM1 removal percentage at 4 °C temperature was 9.84 units lower than that at 42 °C

232 temperature at first measurement (30 min). At 8 log CFU/mL compared to 10 log CFU/mL  
 233 bacterial concentration, the mean AFM1 removal percentage was 3.04 units lower at the first  
 234 measurement. Regarding toxin concentration, the mean AFM1 removal percentage at baseline  
 235 (30 min) was 13.31 and 9.32 units lower in 0.10 µg/mL and 0.25 µg/mL compared to 0.5 µg/mL,  
 236 respectively. However, other variables including time and interaction of time with treatment  
 237 type, temperature, toxin concentration, and bacterial concentration had no significant effect on  
 238 the rate of AFM1 removal (P>0.05) (Table 4).

239 **Table 4: Determining the effect of the treatment type, temperature, toxin concentration, and**  
 240 **bacterial concentration on AFM1 removal percent using the GEE model.**

Variables (Reference)	Coefficients	95% CI	P-value
Treatment type ( <i>S. thermophiles</i> )	-	-	-
<i>B. lactis</i>	14.90	(10.78, 19.02)	<0.001
Temperature (42 °C)	-	-	-
4 °C	-9.84	(-15.13, -4.55)	<0.001
Toxin concentration (0.5 µg /mL)	-	-	-
0.10 µg /mL	-13.31	(-19.43, -7.19)	<0.001
0.25 µg /mL	-9.32	(-13.56, -5.07)	<0.001
Bacterial Concentration (10 log CFU /mL)	-	-	-
8 log CFU /mL	-3.04	(-8.00, 1.91)	0.22
Time	0.005	(-0.005, 0.01)	0.34
Time* [Treatment type= <i>S. thermophiles</i> ]	-	-	-
Time* [Treatment type= <i>B. lactis</i> ]	0.001	(-0.006, 0.007)	0.86
Time* [Temperature=42 °C]	-	-	-
Time* [Temperature=4 °C]	0.005	(-0.002, 0.01)	0.13
Time* [Bacterial Concentration=10 log CFU /mL]	-	-	-
Time* [Bacterial Concentration=8 log CFU /mL]	0.005	(-0.002, 0.01)	0.15

CFU /mL]			
Time* [Bacterial Concentration=0.5 µg /mL]	-	-	-
Time* [Bacterial Concentration=0.10 µg /mL]	0.005	(-0.004, 0.01)	0.30
Time* [Bacterial Concentration=0.25 µg /mL]	-0.0003	(-0.006, 0.006)	0.92

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#### ۲۴۳ 4. Discussion

۲۴۴ Milk and dairy products contaminated with AFM1 have become major food safety concerns.

۲۴۵ Thus, it is important to implement strategies for reduction and to monitor the presence of AFB1

۲۴۶ in feedstuffs. The present study investigated the ability of *S. thermophilus* and *Bifidobacterium*

۲۴۷ *animalis* (subspecies lactis) as probiotic bacteria, to detoxify AFM1 in contaminated milk,

۲۴۸ considering factors such as bacterial population, incubation temperature, and toxin concentration.

۲۴۹ We found that AFM1 detoxification from milk was time-dependent and that significant AFM1

۲۵۰ removal occurred at an earlier time of exposure. Other studies confirm that the removal of AFM1

۲۵۱ is a rapid process and depends on the bacterial strain(19). We found that *B. lactis* and *S.*

۲۵۲ *thermophilus* had significant ability to remove AFM1 at 120 min and 60 min, respectively.

۲۵۳ Bacterial concentration was one of the factors that influenced AFM1 reduction in skim milk for

۲۵۴ both *B. lactis* and *S. thermophiles*. Similar results were observed by Sarlak et al. (18), who

۲۵۵ investigated the removal of AFM1 from fermented milk drinks (doogh) by probiotic strains.

۲۵۶ They showed the percentage of AFM1 removal was higher at 10 log CFU/mL of *Lactobacillus.*

۲۵۷ *acidophilus* compared to 7 log CFU/ mL (99 vs 95%) during 28 days. Also, 7 log CFU/mL of *L.*

۲۵۸ *acidophilus* had more AFM1 binding capacity than 7 log CFU /mL of *B. lactis* (75%). We found

۲۵۹ that the high concentration of *B.lactis* (10 logs CFU/ mL) led to 67.65 % AFM1 removal after 24

۲۶۰ h in milk. We also found that the lower concentration level of *S. thermophiles* (8 logs CFU/ mL)

۲۶۱ could remove more AFMI. It seems that the structure of the cell wall is more related to the type

۲۶۲ of microorganisms involved in removing toxins.

۲۶۳ Two enzymatic and absorption mechanisms have been proposed to reduce aflatoxin by

۲۶۴ microorganism strains. Since it has been reported that viable and non-viable bacteria can bind

AF, the surface of the cell wall is the dominant mechanism of toxin elimination. The removal of AFM1 in contaminated skim milk with 0.5 ng/mL of AFM1 inoculated with  $10^{10}$  cells /mL of heat-killed strains, including *Bifidobacterium lactis* FLORA-FITBI07 and a pool of LAB, was approximately 12% at 60 min at 42°C (10). The stability of bacterial-AFM1 binding was evaluated using repeated washing by Panwar et al. (20). They highlighted the role of bacterial cell walls due to the release of AFM1 after washing and suggested mechanisms of action in aflatoxin detoxification likely involving noncovalent binding rather than metabolic inactivation. Our result indicated that the highest percentage of toxin removal in both bacterial types related to an incubation temperature of 42 °C compared to 4 °C. It may be due to the heat treatment affecting components of the cell wall, such as polysaccharides and peptidoglycans, resulting in disturbances of the cell membrane and allowing aflatoxin to bind to components of the cell wall and plasmatic membrane.

We also found that the highest affinity for *B. lactis* binding to AFM1 occurred when the toxin concentration was high (0.5 µg /mL). Our results agree with those obtained by other investigators, showing that toxin binding increased with increasing toxin concentration (13, 21, 22). Karazhiyan et al. showed a similar rising trend of removal of toxins by yeasts with increasing toxin concentration from 100 to 750 pg /mL (21).

The level of AFM1 binding by *S. thermophilus* in PBS and yogurt spiked with 50 µg /L and incubated at 42 °C increased with time and was approximately 35% and 38% after 6 h, respectively. The higher removal rate in yogurt may be related to the better binding ability of AFM1 to casein molecules (23). Such data were in good correlation with our finding that indicated that the highest removal AFM1 for *S. thermophiles* in milk was related to 0.1 and 0.25 µg /mL ( 24 and 22.8% respectively) at 42 °C on 60 min and 0.5 µg /mL on 24h (45%).

The beneficial effect of lactic acid fermentation on the reduction of AFM1 level by the usage of a starter culture of *L. bulgaricus* and *S. thermophiles* in milk fermentation showed a significant reduction in AFM1 concentration from 0.075 and 0.207 to 0.068 and 0.198 ppb. Barukcic et al. (24) investigated the potential of the probiotics (*Lactobacillus acidophilus* La-2, *Bifidobacterium animalis* subsp. *lactis* BB-12 and *Streptococcus thermophiles*) to reduce AFM1 in milk contaminated with 54 ng /L AFM1 for 21 days. According to their results obtained, approximately a 50% reduction in AFM1 concentration was achieved. These findings are in line with our results showing the ability the probiotics in detoxification of AFM1.

296 The results of the present study confirmed the detoxification ability of probiotic bacteria. They  
297 indicated that the amount of AFM1 removal by tested bacteria depends on the strain, bacterial  
298 population, incubation temperature, and toxin concentration, while storage time had a significant  
299 effect. Our findings showed that the significant removal of AFM1 in skim milk contaminated  
300 with 0.5 µg/mL and treated with 10 log CFU/mL *B. lactis* was 57.7% at 120 min at 42°C. Also,  
301 the significant removal of AFM1 in skim milk spiked with 0.1 and 0.5 µg/mL of AFM1 and  
302 inoculated with 8 log CFU/mL *S. thermophiles* was 24% and 45% at 60 min and 24 h,  
303 respectively, at 42 °C. Additionally, the best strains showed the highest AFM1 removal (87%) at  
304 0.5 µg/mL at 24 h. These findings can be used for future applications of these bacteria to control  
305 AFM1 in the dairy industry. However, more studies are needed to investigate the mechanisms  
306 involved in toxin removal by *B. lactis* and *S. thermophiles* with changing physicochemical  
307 factors.

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#### 310 **Conflict of interest**

311 The authors have no relevant financial or non-financial interests to disclose

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#### 315 **Author contribution**

316 We declare that all listed authors have made equal contributions to the writing review & editing.

317 All authors have read and approved the final submitted manuscript.

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#### 319 **Data availability**

320 All data generated or analyzed during this study are included in this published article and its  
321 supplementary information files.

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#### 324 **References**

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