

# <u>Original Article</u> Antibiotic Susceptibility Profile of Bacteria Causing Aerobic Vaginitis in Women in Iraq

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#### Abstract

Aerobic vaginitis (AV) is a vaginal infectious condition characterized by abnormal vaginal discharge, high inflammatory response, signs of epithelial atrophy, an increase in aerobic bacteria of intestinal origin and a decrease in the normal flora, especially *Lactobacillus spp.*. It is one of the most common reproductive tract infections among women. This study aimed to analyze the antimicrobial susceptibility levels of the dominant bacterial species found in the vaginae of women infected with AV. A total of 89 high vaginal swabs (HVS) were collected from women aged (18-50) years old attending some hospitals and private gynaecology clinics in Baghdad City. All obtained swabs were cultured on different culture media, and the primary diagnosis was performed according to standard laboratory diagnosis protocols. To confirm the diagnosis and to determine the antibiotic susceptibility profile of bacterial isolates, VITEK 2 Compact Automated System GP and GN colourimetric identification cards and AST GN and AST GP cards were used according to Manufacturer Company constructions (BioMérieux / France). Out of 89swabs, ninety-five pathogenic strains were obtained, including 62 isolates (65.2%), Grampositive and 33 isolates (34.7%), Gram-negative bacteria. Staphylococcus spp. (46.3%) The most represented active strain was Escherichia coli (15.7%). All Gram-positive bacterial strains displayed the highest resistance rates (100%) toward penicillins and cephalosporins, while the highest sensitivity rates were toward daptomycin, followed by vancomycin and gentamicin (P=0.001). Gram-negative bacteria displayed the highest resistance rates toward penicillins, beta-lactam combination, monobactam and cephalosporins, while the highest sensitivity rates were toward amikacin followed by imipenem meropenem and gentamicin (P=0.001). It is worth mentioning that Gram-positive bacteria showed 100% sensitivity toward tigecycline. Thirty-eight (40 %) of all obtained bacterial strains were extensively drug-resistant XDR, 57 (60%) were multidrug resistance MDR and no pan-drug resistance PDR was reported. Gram-positive bacteria include 21% XDR and 44.2% MDR strains, while Gram-negative bacteria include 18.9% XDR and 15.7% MDR strains.

**Keywords:** Aerobic vaginitis, VITEK 2 system, GP and GN colourimetric cards, Aerobic bacteria, Antibiotic susceptibility, AST GP and AST GN cards, Iraq

#### **1. Introduction**

Human vaginal flora is a complex and protective environment which enables the maintenance of vaginal pH levels and microbial balance to withstand the invasion of pathogenic microorganisms. However, any imbalance in the naturally occurring bacterial flora may result in infections such as bacterial vaginitis (BV) and aerobic vaginitis (AV) (1). Donders first defined aerobic vaginitis in 2002 as a type of vaginal infection caused by aerobic bacteria, and AV was diagnosed according to Donders' score criteria (2). Aerobic vaginitis is not a new entity, but the second description of a type of bacterial vaginitis was first reported by Scheffey in 1956 and named Desquamative inflammatory vaginitis by Gardner in 1968 (3). The clinical symptoms of AV include abnormal leucorrhea, increased discharge, vulval itching, burning pain, dyspareunia, erythema, and edema. Secondary infections may also occur, the outcomes of which can be severe, including miscarriage, infertility, and pelvic inflammatory disease (1, 4). Women infected with AV may suffer from many conditions, such as amniotic fluid infection, premature rupture of membranes, preterm labor, chorioamnionitis, cervical intraepithelial neoplasia disease and sexually transmitted infections (5). Previous studies have shown that AV is associated with an increased risk of amnionitis (6), placental histological inflammation, preterm delivery (6, 7), foetal funisitis (8) and major cervical cytological abnormalities (9). The main AV causative agents are bacteria of intestinal origin, including Enterococcus spp., Escherichia coli, Klebsiella pneumoniae and some Gram-positive bacteria, including Streptococcus agalactiae, Staphylococcus aureus and Coagulase Negative staphylococci (5, 10). Diagnosis of AV is based on analyzing the patient's clinical signs and laboratory microscopic analysis, cultural tests through examination and antibiotic susceptibility tests. The global problem of AV is strongly linked to the emergence of antimicrobial resistance. Women with AV can develop an adverse outcome following antibiotic treatment (11). Aerobic vaginitis is often misdiagnosed and is not easy to treat due to the developing spread of multidrug-resistant bacterial strains. In Iraq, limited studies on AV have been conducted, so this study aimed to evaluate the aerobic bacterial antimicrobial types and susceptibility profile in AV patients, also to detect the incidence of multidrug-resistance (MDR), extensively drug-resistance (XDR) and pan drugresistance (PDR) bacterial isolates.

### 2. Materials and Methods

### **2.1. Sample Collection**

The present study samples were collected from women attending Al -Elwea Maternity Hospital and many private gynaecology clinics in Baghdad City. Eighty-nine high vaginal swabs were collected from women suffering from AV symptoms over 6 months from January 2021 to June 2021. Medical history was obtained from all patients after obtaining their verbal consent using a Questionnaire form; women who were treated with any antibiotics in the preceding 2 weeks were excluded from the study.

# **2.2.** Cultivation and Identification of Bacterial Isolates

All obtained swabs were used for aerobic culturing aimed at the detection of aerobic bacterial growth by inoculating in MacConkey agar (Oxoid / England), blood agar (Oxoid / England), and mannitol salt agar (Oxoid / England) and incubating at 37 °C for 24-48 hours aerobically. After 24 hours of incubation, the plates were examined for the presence of growth (12). The colonies obtained were read out as standard microbiological methods based on morphological characteristics and biochemical tests (13). VITEK 2 Compact System and GN, GP colourimetric identification cards (BioMérieux/ France) were used to confirm the identification of bacterial isolates.

#### 2.3. Antibiotic Susceptibility

Antibiotic susceptibility testing of all the bacterial isolates was performed using (AST-GP) and (AST-GN) cards of the VITEK 2 System according to the manufacturer's company (BioMérieux/ France). Antibiotics used in this study belong to 12 classes for Gram-positive bacteria and 9 classes for Gram-negative bacteria.

### 2.4. Data Analysis

Data were entered and analyzed using Microsoft Excel (2013) and the Unweighted Pair Group Method with Arithmetic mean (UPGMA) Clustering method and the similarity index (Dicecoefficient).

### 3. Results

# **3.1.** Prevalence of Bacterial Types according to GP and GN Identification Cards

VITEK 2 System GP, GN identification cards revealed that ninety-five pathogenic bacterial isolates were obtained, including 62 isolate Gram-positive and 33 isolate Gram-negative bacteria, as shown in (Figures 1 and 2). Gram-positive bacteria belonging to 5 genera and 13 species. As a result, 44 isolates of *Staphylococcus* spp. were distributed among 11 isolates of S. hominis, 11 isolates of S. haemolyticus, 10 isolates of S. aureus, 7 isolates of S. epidermidis, 2 isolates of S. saprophyticus, 2 isolates S. auricularis and 1 isolate S. warneri. Six isolates of Enterococcus spp. were distributed between 5 isolates of E. faecalis and 1 isolate of E. faecium. Also, Kocuria spp. It Included 4 isolates of K. kristinae and 2 isolates of K. rosea. While Micrococcus and Streptococcus were represented in only one species for each when 5 isolates of Micrococcus luteus and 1 isolate of Streptococcus agalactiae were obtained. Gram-negative bacteria belong to 5 genera and 5 species; they included 15 isolates of Escherichia coli, 11 isolates of Klebsiella pneumoniae, 3 isolates of Pseudomonas aeruginosa, 2 isolates of Acinetobacter baumannii and 2 isolates Proteus mirabilis. Figures 1 and 2 show the percentages of Gram-positive and Gram-negative bacteria obtained in the present study.

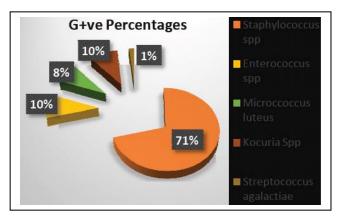


Figure 1. Prevalence of Gram-positive bacteria

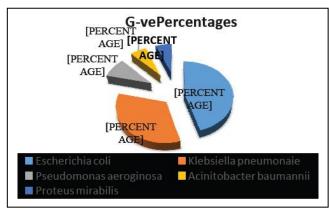


Figure 2. Prevalence of Gram-negative bacteria

# **3.2.** Antibiotic Susceptibility Test of Gram-Positive Bacterial Isolates

According to GP AST cards, Gram-positive bacterial species showed susceptibility toward 30 antibiotics belonging to 12 groups. As shown in table 1, all Gram-positive bacterial types showed a high resistance rate (100%) toward penicillins and cephalosporins, while 100% sensitivity was reported toward glycylcyclines.

### 3.2.1. Susceptibility Profile of Staphylococcus spp.

Antibiotic susceptibility cards (AST GP) cards showed that the highest resistance of *Staphylococcus* spp. was against penicillins, cephalosporins (100%) and the highest sensitivity were observed toward tigecycline (100%), daptomycin (77.2%) followed by trimethoprim/sulfamethoxazole (70.4%), vancomycin (54.5%) and gentamicin (52.2%).

#### 3.2.2. Susceptibility Profile of Enterococcus spp.

The resistance and sensitivity of *Enterococcus spp*. were tested toward many antibiotics, and results showed that the highest resistance rate (100%) was found against penicillins, cephalosporins, macrolides, fusidane groups, sulfonamides and pipemidic acid antibiotic from fluoroquinolones group, while the highest sensitivity rate was found toward tigecycline (100%), gentamicin (50%) and levofloxacin (50%).

### 3.2.3. Susceptibility Profile of Kocuria spp.

The results showed that the highest resistance of *Kocuria* spp. (100%) were found against penicillins, cephalosporins, macrolides, lincomycin, tetracyclines, pipemidic acid and norfloxacin antibiotics from fluoroquinolones, while the highest sensitivity was found toward tigecycline (100%), vancomycin and teicoplanin (50%).

### 3.2.4. Susceptibility Profile of Micrococcus luteus

Antibiotic susceptibility test of *Micrococcus luteus* revealed that the highest resistance (100%) was found against penicillins, cephalosporins and fluoroquinolones group, while the highest sensitivity was found toward tigecycline (100%), daptomycin, vancomycin (80%) followed by gentamicin, fusidic acid and erythromycin (60%).

		Resistance of Gram-positive bacterial genera				
Group Name	Antibiotics	Staphylococcus spp (44)	Enterococcus spp (6)	Micrococcus luteus (5)	Kocuria spp (6)	
Penicillins	Ticarcillin ,Azlocillin, Mezlocillin, Piperacillin	44 (100%)	6 (100%)	5 (100%)	6 (100%)	
Cephalosporins	Cefoxitin, Cefixime, Ceftazidime, Cefoperazone, Ceftriaxone, Cefepime, Cefpirome, Cefazolin	44 (100%)	6 (100%)	5 (100%)	6 (100%)	
Aminoglycosides	Gentamycin	21 (47.7)	3 (50%)	2 (40%)	4 (66.6)	
Fluoroquinolones	Pipemidic acid Ciprofloxacin Moxifloxacin Norfloxacin Ofloxacin	42 (95.4.7%) 26 (59%) 24 (54.5%) 28 (63.6%) 28 (63.6%)	6 (100%) 5 (83.3%) 5 (83.3%) 5 (83.3%) 5 (83.3%) 5 (83.3%)	5 (100%) 5 (100%) 5 (100%) 5 (100%) 5 (100%)	6 (100%) 5 (83.3%) 4 (66.6%) 6 (100%) 5(83.3%)	
Macrolides	Levofloxacin Azithromycin, Clarithromycin	23 (52.2%) 40 (90.9%)	3 (50%) 6 (100%)	5 (100%) 3 (60%) 4 (80%)	5 (83.3%) 6 (100%)	
	Erythromycin	40 (90.9%)	6 (100%)	2 (40%)	6 (100%)	
Lincomycin	Clindamycin	30 (68.1%)	5 (83.3%)	3 (60%)	6 (100%)	
Cyclic lipopeptide	Daptomycin	10 (22.7)	5 (83.3%)	1 (20%)	2 (33.3%)	
Glycopeptide	Vancomycin Teicoplanin	20 (45.4%) 27 (61.3%)	5 (83.3%) 5 (83.3%)	1 (20%) 3 (60%)	3(50%) 3 (50%)	
Tetracycline	Tetracycline	32 (72.7%)	5 (83.3%)	3 (60%)	6 (100%)	
Glycylcyclines	Tigecycline	0	0	0	0	
Fusidane class	Fusidic Acid	34 (77.2%)	6 (100%)	2 (40%)	5 (83.3%	
Sulfonamides	Trimethoprim/Sulfamethoxazole	13 (29.5%)	6 (100%)	3 (60%)	4 (66.6)	

Table 1. Antibiotic susceptibility of Gram-positive bacteria

P-value=0.001

# **3.3.** Antimicrobial susceptibility profile and similarity rates of gram-positive isolates

The antimicrobial susceptibility types and the similarity rates of all Gram-positive bacterial isolates were investigated and reported in figure 3 and table 2. Tested isolates distributed into (MDR) and (XDR). Based on antibiotic test results in table 1, a Dendrogram of similarity between 62 Gram-positive isolates was provided by computing Dice Coefficient

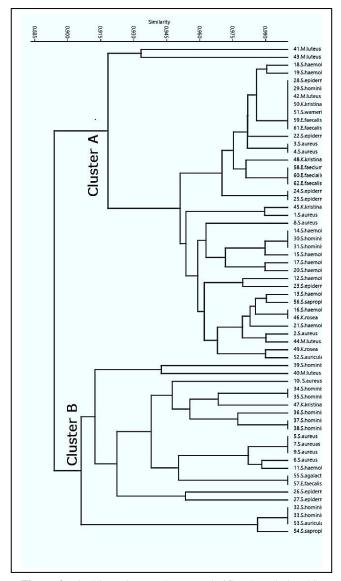
(DSC) (Figure 3); the isolates were separated into 2 main clusters, namely A and B formed at 0.88 (88%) similarity and both were divided to several sub-clusters. Cluster A consists of (40), isolates, including 4 genera and 11 species; it comprised between 41 *M. luteus* and 52 *S. auricularis* formed at 0.91 (91%) similarity rate and enclosed all isolates sharing the antibiotic resistance types, namely (A, B, C, and D, E, F and G), the second cluster named B consist of (22) isolate

included 5 genera and 10 species, it comprised between 39 S. hominis and 54 S. saprophyticus formed at 0.90.5 (90.5%) similarity and enclosed all isolates sharing the antibiotic resistance types namely (H, I, J, K, L, M, N and O) as shown in table 2. Cluster A showed the highest similarity were comprised between the isolates (28 S. epidermidis, 29 S. hominis, 42 M. luteus, and 50 K. kristinae, 51 S. warneri, 59 and 61 E. faecalis) at a similarity of 0.98 (98%) they shared the antibiotic group named (G) when they showed resistance against 28 antibiotics. Also, high similarity rates were shown between the isolates (14 S. haemolyticus, 30 and 31 S. *hominis*), (24 and 25 *S. epidermidis*), (3 and 4 *S. aureus*) at similarity 0.99 (99%), they shared the antibiotic types named (D and F) as shown in table 2. While according to cluster B, the highest similarity rate were shown between (37, 38 S. hominis), (34, 35 S. hominis), (5, 7, 9 S. aureus) at similarity 0.98 (98 %); they shared the antibiotic types named (M, O and J) as shown in table 2.

As shown in table 2, 20 isolates (32.2%) of Grampositive bacteria showed (XDR) level of resistance when they showed resistance toward 10,11 antibiotic groups used in this study, and they share the types named (E, F, and G, L, M and O). The lowest number of groups of antibiotic resistance was reported in the type named (H) from cluster B when they showed resistance toward three antibiotic groups only. The multidrug resistance level of resistance was reported in 42 (67.7%) Gram-positive bacterial isolates when they showed resistance against less than 10 antibiotic the groups-alarming percentage of XDR Staphylococcus spp. Strains were (45%) from all Grampositive isolates, representing the highest XDR rate among the XDR isolates in our study, and this is probably because of the total number of Staphylococcus spp. Strains isolated were (44) out of (62). It is worth mentioning that five out of six Kocuria spp. Showed XDR level of resistance as well as Enterococcus spp.

# **3.4.** Antibiotic Susceptibility Test of Gram-Negative Bacterial Isolates

According to GN AST cards, Gram-negative bacterial species susceptibility results are shown in table 3, including susceptibility toward 30 antibiotics belonging to 9 groups and high rates of resistance against penicillins, beta-lactam combination and monobactam.



**Figure 3.** The hierarchy Dendrogram clarifies the relationship between Gram-positive bacterial isolates according to their susceptibility toward different antibiotics using UPGMA (Unweighted Pair Group Method with Arithmetic mean) Clustering method and similarity index (Dice coefficient)

Туре	Names of Bacterial isolates	The numbers of antibiotics the isolates resist	Number of groups	Resistance level
	Cluster A			
А	41 M. luteus, 43 M. luteus	20	5,6	MDR
В	1S.aureus, 45 K. kristinae	22	6	MDR
С	15 and 17 S. haemolyticus	24	7-8	MDR
D	12, 14, 20 <i>S. haemolyticus</i> , 23 S. epidermidis, 30 and 31 <i>S. hominis</i> 24 and 25 <i>S. epidermidis</i>	25	7-9	MDR
Е	8 S. aureus, , 44 M. luteus, 49 K. rosea, 52 S. auricularis 2,3,4 S. aureus, 21 S. haemolyticus, 22 S. epidermidis, 26		9-11	MDR, XDR
F	13, 16 S. haemolyticus, 56 S. saprophyticus, 46 K. rosea	27	9-11	MDR, XDR
G	18,19, 29 S. haemolyticus, 28 S. epidermidis, 42 M. luteus, 48 and 50 K. kristinae, 51 S. warneri 58 E. faecium, 59,60,61 E. faecalis, 62 E. faecalis	28	8-11	MDR, XDR
	Cluster B			
Н	54 S. saprophyticus	12	3	MDR
Ι	32 and 33 S. hominis, 53 S. auricularis,	13	8, 3, 3	MDR
J	5, 7, 9 <i>S. aureus</i>	17	5, 8, 8	MDR
Κ	6 S. aureus	18	8	MDR
L	11 S. haemolyticus, 26 S. epidermidis, 36 S. hominis, 57 E. faecalis, 55 S. agalactiae	19	6-11	MDR, XDR
М	37 and 38 S. hominis, 10 S. aureus, 27 S. epidermidis, 39, S. hominis, 47 K. kristinae	21	7-10	MDR, XDR
Ν	40 M. luteus	22	7	MDR
0	34 and 35 S. hominis	24	10	Х

Table 2. Distribution of Gram-positive bacteria according to the antimicrobial susceptibility types and resistance level

Table 3. Antibiotic susceptibility of Gram-negative bacteria

	Antibiotics	Resistant of Gram-negative bacterial genera				
Group Name		E. coli 15	K. pneumoniae 11	P. aeruginosa 3	A. baumannii 2	P. mirabilis 2
Penicillins	Ticarcillin Azlocillin	15 (100%) 14 (93.3%)	11 (100%)	3 (100%)	2 (100%)	2 (100%)
	Piperacillin	14 (93.3%)	11 (100%)	3 (100%)	2 (100%)	2 (100%)
Beta-lactam combination	Piperacillin/tazobactam	14 (93.3%)	7 (63.6%)	3 (100%)	2 (100%)	2 (100%)
Monobactam	Aztreonam	15 (100%)	9 (81.8%)	3 (100%)	2 (100%)	2 (100%)
	Cefazolin Ceftobiprole Cefixime Cefepime Cefditorin	14 (93.3%)	9(81.8%)	3 (100%)	2 (100%)	2 (100%)
Cephalosporins	Ceftriaxone	14 (93.3%)	10 (90.0%)	2 (66.6%)	1 (100%)	1 (50%)
	Ceftazidime Nitrofurantoin	14 (93.3%) 7 (46.6%)	3 (27.2%) 3 (27.2%)	3 (100%) 2 (66.6%)	2 (100%) 2 (100%)	2 (100%) 2 (100%)
	Nalidixic acid	15 (100%)	9 (81.8%)	3 (100%)	2 (100%)	2 (100%)
	Fleroxacin	14 (93.3%)	7 (63.6%)	0	1 (50%)	2 (100%)
F1	Levofloxacin	9 (60%)	1 (9.0%)	0	1 (50%)	2 (100%)
Fluoroquinolones	Moxifloxacin	9 (60%)	2 (18.1%)	0	1 (50%)	2 (100%)
	Sparfloxacin	4 (26.6%)	2 (18.1%)	0	1(50%)	2 (100%)
	Ciprofloxacin	14 (93.3%)	7 (63.6%)	2 66.6%)	1 (50%)	2 (100%)
	Doripenem	3 (20%)	7 (63.6%)	3 (100%)	2 (100%)	2 (100%)
Carbapenems	Etrapenem	3 (20%)	7 (63.6%)	1 (33.3%)	2 (100%)	2 (100%)
	Imipenem	2 (13.3%)	1 (9.0%)	1 (33.3%)	0	0
	Meropenem	2 (13.3%)	1 (9.0%)	1 (33.3%)	0	1 (50%)
	Amikacin	4 (26.6%)	0	0	0	0
Aminoglycoside	Gentamicin	7 (46.6%)	1 (9.0%)	0	0	0
	Netlimicin	9 (60%)	1 (9.0%)	0	1 (50%)	2 (100%)
	Tobramycin	9 (60%)	1 (9.0%)	0	1 (50%)	1 (50%)
Tetracycline	Minocycline Tetracycline	9 (60%)	1 (9.0%)	2 (66.6%)	1 (50%)	2 (100%)
Sulfonamides	Trimethoprim/Sulfamethoxazole	14 (93.3%)	7 (63.6%)	3 (100%)	2 (100%)	2 (100%)

P-value=0.001

### 3.4.1. Susceptibility Profile of Escherichia coli

As a result, *E. coli* showed the highest resistance rate (100%) against ticarcillin from the penicillins group, monobactam and only nalidixic acid from the fluoroquinolones group, while the highest sensitivity rate was toward imipenem and meropenem (86.6%) followed by sensitivity (80%) towards doripenem, ertapenem and (73.3%) toward amikacin.

## 3.4.2. Susceptibility Profile of Klebsiella pneumonia

*K. pneumoniae* showed the highest resistance rate (100%) against antibiotics belonging to the penicillin group, while the highest sensitivity rate (100%) was found toward amikacin, followed by (90.9%) sensitivity toward all levofloxacin, imipenem, meropenem, gentamicin, netilmicin, tetracycline and minocycline, the sensitivity rates toward moxifloxacin and sparfloxacin were (81.8%).

# 3.4.3. Susceptibility Profile of *Pseudomonas* aeruginosa

Antibiotic susceptibility test of *pseudomonas aeruginosa* revealed that the highest resistance rate (100%) was found against penicillins, beta-lactam combination monobactam, sulfonamides, cefazolin and ceftazidime from cephalosporins group, nalidixic acid from fluoroquinolones class. While the highest sensitivity rate (100%) was found toward 8 used antibiotics, including fleroxacin, levofloxacin, moxifloxacin, sparfloxacin, amikacin, gentamicin, netilmicin, tobramycin.

# 3.4.4. Susceptibility Profile of Acinetobacter baumannii

A. baumannii showed the highest resistance rate (100%) against penicillins, beta-lactam combination, monobactam, and cephalosporins, nalidixic acid from fluoroquinolones group, sulfonamides, doripenem and ertapenem from carbapenem group, while the highest sensitivity (100%) were found toward imipenem, meropenem, amikacin and gentamicin.

## 3.4.5. Susceptibility Profile of Proteus mirabilis

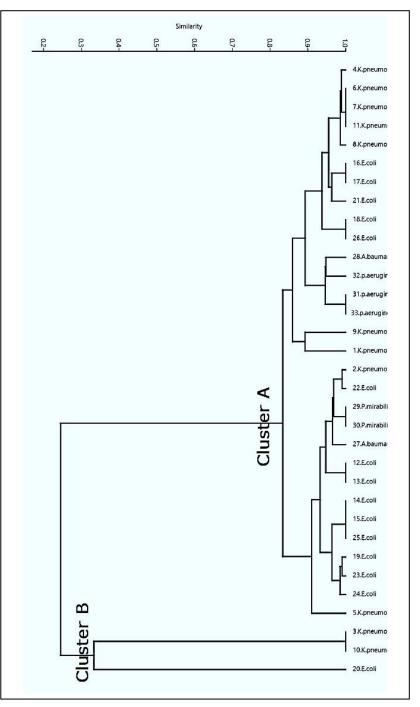
As a result, *P. mirabilis* showed the highest resistance rate (100%) against penicillins, beta-lactam

combination, monobactam, cephalosporins (except ceftriaxone 50%), fluoroquinolones, carbapenems (doripenem and ertapenem), tetracyclines, sulfonamides and netilmicin from aminoglycosides group. A high sensitivity rate (100%) was reported toward imipenem, amikacin and gentamicin.

# 3.5. Antimicrobial Susceptibility Profile and Similarity Rates of Gram-Negative Isolates

Based on antibiotic resistance numbers and percentages in table 3, a dendrogram of similarity between G-ve bacterial isolates was provided by computing Dice Coefficient (Figure 4); the isolates were included in two clusters, namely A and B formed at 0.24 (24%) similarity and cluster A divided into sub-clusters. Cluster A consists of (30), isolates included 5 genera and 5 species; it comprised between 4 *K. pneumoniae* and 5 *K. pneumoniaeformed* at 0.83 (83%) similarity and enclosed all isolates sharing the antibiotic types, namely (A, B, C, D, E, F, G, H, I, J, K, L, M) as in table 4. While cluster B consists of (3) isolates including 2 genera and 2 species, it formed between 3 *K. pneumoniae* and 20 *E. coli* at 0.31 (31%) similarity and enclosed the isolates sharing the types named (N and O) as shown in table 4.

As shown in table 4, 18 isolates (54.5%) of Gramnegative bacteria showed (XDR) level of resistance when they showed resistance toward (7-9) antibiotic groups, and they shared the types named (E, F, G, and H, I, J, K, L and M). The lowest number of groups of antibiotics resistance was reported in the types named (N and O) from cluster B when they showed resistance toward one or two antibiotic classes only, while the highest resistance was reported in the types named (L and M) when they showed resistance toward antibiotics from all of the nine classes used in the present study. The multidrug resistance level was reported in 15 (45.4%) Gram-negative isolates that shared the antibiotic resistance types named (A, B, C, D, N, and O). Alarming that the percentage of XDR E. coli strains was (50%) from all Gram-negative isolates, it represents the highest XDR rate between Gram-negative isolates, all of Pseudomonas aeruginosa, Proteus mirabilis and Acinetobacter baumannii showed XDR level of resistance.



**Figure 4.** The hierarchy Dendrogram clarifies the relationship between Gram-negative bacterial isolates according to their susceptibility toward different antibiotics using the UPGMA clustering method and similarity index (Dice coefficient)

Туре	Name of bacterial isolates	The numbers of antibiotics the isolates resist	Numbers of groups	Resistance level
		Cluster A		
А	1, 9 K. pneumoniae	13	5,4	MDR
В	21 E. coli	15	4	MDR
С	16,17,18, 26 E. coli	16	5	MDR
D	4,6,7,11,8 K. pneumoniae	17	6	MDR
Е	28 A. baumannii, 32 P. aeruginosa	18	7	Х
F	31, 33 P. aeruginosa	19	8	Х
G	5 K. pneumoniae	22	7	Х
Н	14,15,24,25 E. coli	23	14,15 (7), 24,25 (8)	Х
Ι	19 E. coli	24	8	Х
J	23 E. coli	25	8	Х
Κ	27A.baumannii	26	8	Х
L	2 K. pneumoniae, 22 E. coli , 29, 30 P. mirabilis	27	9	Х
Μ	12, 13 E. coli	28	9	Х
		Cluster B		
Ν	3, 10 K. pneumoniae	3	1	MDR
0	20 E. coli	4	2	MDR

Table 4. Distribution of Gram-negative bacteria according to the antimicrobial susceptibility types and resistance level

### 4. Discussion

Genital tract infections are causing a series of women's health challenges worldwide and can lead to medical complications such as substantial discomfort, frequent medical visits, significant morbidity, premature rupture of the fetal membranes and low birth weight (14). According to Donders, Bellen (15), AV in pregnant women was correlated to many risks, including preterm birth, premature rupture of membranes and fetal infections. Aerobic vaginitis complications are probably not diagnosed or treated in infected women, but the AV treatment is strongly suggested based on antibiotic susceptibility profiles. The present study reported the prevalence of Grampositive and Gram-negative bacteria isolated from Iraqi women infected with aerobic vaginitis to determine the antibiotic susceptibility profile and the most effective drug against different isolated bacterial strains.

Many researchers around the world have studied the prevalence of AV pathogens. A study by Jabuk (16) found that the most prevalent aerobic bacteria isolated from infected women were *E. coli*, followed by *S. aureus* and *K. pneumoniae*. In another study conducted by Yasin, Ayalew (17), they found that

67.8% of obtained isolates from AV were Grampositive and 32.2% were Gram-negative; this result is in agreement with the present study results. The most prevalent aerobic bacteria was E. faecalis, followed by S. aureus, E. coli and K. pneumoniae in a study conducted by Yasin, Ayalew (17); these results agree with the present study results and another study conducted by Sangeetha, Golia (18). A recent study by Serretiello, Santella (19) in Italy reported different results from the present study when 50.4% of the obtained bacterial strains were Gram-negative, and 49.6 were Gram-positive. Enterobacteriaceae were % isolated from patients with aerobic vaginitis symptoms in the reproductive age group in many studies reported by Hayat, Nagat (20) and Kumar and Singh (21); this might be due to the poor some women's hygiene and pass of gut flora into genital tract causing vaginal infections.

The sensitivity toward different classes of antibiotics was testified, analyzed and reported for all bacterial types obtained in the present study; the most effective antibiotics against Gram-positive bacteria were tigecycline, gentamicin, vancomycin, daptomycin, and clindamycin (Table 1). While the most effective antibiotics against Gram-negative bacteria were doripenem, ertapenem, imipenem, meropenem, amikacin and gentamicin (Table 2). The present study results are partially in agreement with Yasin, Ayalew (17) when they found that the most effective antibiotics against Gram-positive bacteria were vancomycin, clindamycin and gentamicin, while for Gram-negative bacteria the most effective antibiotics were gentamicin, meropenem, and this result disagree with the present study results when they found that ciprofloxacin was very effective against the most of isolated bacterial species. A previous study by Serretiello, Santella (19) found that amikacin was very effective against E. coli isolated from AV-infected women; this result agrees with the present study results when 80% of E. coli was sensitive to amikacin. A new study by Tang, Yu (22) agrees with the present study results when they found that E. coli showed high sensitivity toward amikacin, imipenem, meropenem and ertapenem, and Grampositive bacteria were susceptible to vancomycin.

In a study conducted by Krishnasamy, Saikumar (23), they reported that the most effective antibiotic against K. pneumoniae was meropenem when 100% of obtained K. pneumoniae showed sensitivity toward meropenem followed by imipenem 85.7% and amikacin, gentamicin (57.1%), identical results were obtained in the present study results. On the other hand, Krishnasamy, Saikumar (23) results disagree with the present study results when P. aeruginosa showed 100% resistance against ceftazidime and P. aeruginosa showed 100% sensitivity toward ceftazidime. In the present study, Staphylococcus spp. revealed resistance rates (72.7 %, 63.6%, 47.7%) toward tetracycline, norfloxacin and gentamicin, respectively and Proteus spp. revealed 0% resistance to gentamicin; these results were in agreement with the results obtained by Mulu, Yimer (24) when they found the resistance rates of S. aureus were (67%, 67% and 33%) for the same three mentioned antibiotics, respectively and also Proteus spp. showed 0% resistance to gentamicin. While Mulu, Yimer (24) results differed from the present study result when Proteus spp. showed 100% resistance against ciprofloxacin and, in contrast, their Proteus spp. showed 0% resistance to ciprofloxacin. Escherichia coli showed susceptibility high toward aminoglycosides and less susceptibility toward sulfonamides (trimethoprim/ sulfamethoxazole) and fluoroquinolones (25); this researcher's results were partially in agreement with the present study results when E. coli showed high sensitivity toward aminoglycosides and carbapenems.

Appropriate detection of vaginal infections is important for better management of the cases. However, the detection of vaginitis in reproductive age, especially during pregnancy, is significant due to the high risk of transmission of bacterial infections to the neonates during their delivery period by Group B streptococci, *Escherichia coli* and other coliforms leading to many risks (26). Treating bacterial vaginosis with different aetiology during pregnancy can reduce the outcomes, such as preterm birth, so WHO recommends not only treating symptomatic infections but also screening for vaginosis in pregnant women and women with a history of spontaneous abortion or preterm delivery (27, 28).

MDR was defined as non-susceptibility to at least one agent in three or more antimicrobial groups, while XDR was defined as non-susceptibility toward one agent in all except two antimicrobial groups, PDR was defined as nom-susceptibility to all agents in all antimicrobial groups (29). In the present study, a total of 38 isolates (40%) out of 95 obtained isolates were XDR level of resistance, including 20 (21.0%) Grampositive strains and 18 (18.9%) Gram-negative strains. The rapid spread of multidrug-resistant bacteria is considered a health challenge worldwide (30). Many reasons might contribute to the high MDR and XDR rates, such as poor antibiotics quality, non-proper drug usage, poor sanitation and lack of control for antibiotic use; there is no clear antibiotic usage controlling policy in Iraq, and it is common to buy any antibiotic from any private pharmacies without any prescription. Finally, the p-value was robust compared to different antibiotic resistance percentages in this study and reported (P=0.001) as shown in tables 1 and 3, P≤0.05 considered statistically significant.

As concluded, it would be very important to find, characterize and report the aerobic bacterial pathogens that cause AV infection and their antibiotic susceptibility profiles through many epidemiological studies to direct physicians about the best treatment selections. It is worth mentioning that, for the first time in Iraq in the present study, six *Kocuria* spp. including four species *of Kocuria kristinaie* and two species *of Kocuria rosae*, were isolated from AV-infected women and showed very high resistance levels (1isolate MDR and 5 isolates XDR) against most of the antibiotic classes used during this study. All microbiology laboratories must mention early detection and examination of MDR and XDR strains to reduce antimicrobial resistance, a global problem.

The present study recommended using tigecycline, daptomycin, vancomycin, trimethoprim/sulfamethoxazole and gentamycin as a drug of choice for treating AV infected by Staphylococcus spp. women. While the drugs of choice against Enterococcus spp. were found to be tigecycline, gentamycin and levofloxacin. For women infected with Kocuria spp. drugs of choice were found to be tigecycline, vancomycin and teicoplanin. Tigecycline, daptomycin, vancomycin, gentamicin and fusidic acid were the drugs of choice against Micrococcus luteus AV infection. For women infected with Gram-negative bacteria, this study recommended using imipenem, meropenem, amikacin, gentamicin and tobramycin as a drug of choice for AV treatment.

# **Authors' Contribution**

Study concept and design: Z. K. R. Acquisition of data: Z. K. R Analysis and interpretation of data: L. A. S. Drafting of the manuscript: L. A. S. Critical revision of the manuscript for important intellectual content: Z. K. R Statistical analysis: Z. K. R

Administrative, technical, and material support: L. A. S.

## Ethics

The Research Ethics Committee approved the study of the College of Science, Biology department at Mustansiriyah University.

#### **Conflict of Interest**

The authors declare that they have no conflict of interest.

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