

***Original Article***

# **Immunohistochemical study of Ki-67 in Hyperplastic and Endometrium Carcinoma: A Comparative Study**

**Ghalib Farhood, R<sup>1\*</sup>, Abd Ali Al-Humairi, I<sup>2</sup>**

1. Department of Pathology, College of Medicine, University of Babylon, Babylon, Iraq  
2. Department of Pathology, Hammurabi College of Medicine, University of Babylon, Babylon, Iraq

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Corresponding Author: dr.rawaaghali123@gmail.com

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## **Abstract**

Endometrial hyperplasia is defined as a common clinical disorder caused by the increased levels of estrogens with low levels of progesterone; therefore, this hormonal imbalance leads to an increase in the proliferation rate of the endometrial cells. Endometrial carcinoma is one of the most important malignancies affecting women all over the world "accounting for 37.7% of all other disorders affecting the female reproductive system". The expression of the Ki-67 protein is related to the proliferative behavior of malignant tumor cell populations of their own, allowing it to be used as a marker of tumor aggressiveness. The present study was conducted to examine the expression of the proliferation marker, Ki-67 in various endometrial lesions. Ki-67 expression was evaluated in 60 endometrial samples that resulted as either endometrial curetting or hysterectomy specimens, diagnosed with simple hyperplasia (n=10), complex hyperplasia (n=20), atypical hyperplasia (n=6), and endometrial carcinoma (n=24). In patients with endometrial carcinoma, there was an increased expression of Ki-67, compared to proliferative endometrium and simple hyperplasia ( $P$ -value=0.0001). There was no such discrepancy between atypical hyperplasia and endometrial carcinoma cases. The expression of Ki-67 showed a positive association with the degree of endometrial cancer ( $P$ -value=0.0013), however, not with the age of the patients ( $P$ -value>0.05). There is a wide range of variations in the proliferation rate within the development of different endometrial lesions, including benign and malignant lesions. Our findings may be of value in differential diagnosis and prognosis of endometrial hyperplasia and endometrial carcinoma.

**Keywords:** Endometrial lesions, Ki-67, Manual IHC

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## **1. Introduction**

Endometrial hyperplasia is defined as a common clinical disorder caused by increased levels of estrogens with low levels of progesterone; as a result of this hormonal imbalance, an increase occurs in the proliferation rate of the endometrial cells. Endometrial hyperplasia is an important risk factor for endometrial cancer growth and development (1). Endometrial carcinoma is one of the most important malignancies affecting women all over the world "accounting for 37.7% of all other disorders affecting the female's reproductive system" (2). Women are more likely to be

diagnosed between the ages of 45 and 65 years with endometrial carcinoma (3, 4). The main risk factor for endometrial cancer is the incidence of endogenous or exogenous estrogen without satisfactory restriction by a progestin (e.g., postmenopausal estrogen therapy without progestin). Other risk factors include treatment with tamoxifen, obesity, and nulliparity (5).

Ki-67, also called pKi-67, is a nuclear protein that is encoded by the *MKI67* gene. The Ki-67 antigen was initially recognized within the 1980s. It is solely expressed by proliferating cells and is closely related to cellular expansion. Consequently, monoclonal

counteracting antibodies against the Ki-67 antigen are widely used in cancer diagnosis (6, 7). Ki-67 acts as a nuclear antigen associated with proliferation, located on chromosome 10q25, which is only found in the dividing cells (Gap 1, synthesis, Gap 2, and mitosis phases), not in the G 0 phase (8, 9). The gene encoding Ki-67 is a continuous sequence of 29,965-bp length comprised of the gene consisting of 15 exons and 14 introns (10, 11). The over-expression of the Ki-67 protein is accompanying the proliferative activity of the malignant cells, allowing it to be used as a marker and as a good indicator for tumor aggressiveness (9). In a number of previously published studies, it has been documented that the prognostic rate of pKi67 and its latent role have been considered a reliable marker for breast, lung, prostate, cervical, central nervous system, and uterus cancers (12).

## 2. Materials and Methods

### 2.1. Samples

This retrospective study included 60 endometrial samples at the age range of 40-65 years old. The samples arising from either endometrial curettage or specimens of hysterectomy diagnosed with simple hyperplasia (n=10), complex hyperplasia (n=20), atypical hyperplasia (n=6), and endometrial carcinoma (n=24). They were collected from April 2017 to May 2019 in some private laboratories in the city of Hila, Iraq.

### 2.2. Immunohistochemistry of Ki-67 in Endometrial Tissues

Immunohistochemistry (EnVision system) was applied to determine the expression of Ki-67 in endometrial tissues, using primary antibody Ki67 (Monoclonal Mouse Anti-Human Ki-67 protein, Dako Denmark A/S). Endometrial biopsy which showed proliferative endometrium was considered for the control group. Clinical information was extracted from the archives of hematoxylin and eosin-stained sections and representative blocks, as well as some private pathology laboratories. The score for over-expression of Ki-67 ranged from 0% to 100% and the positive

cutoff was  $\geq 14\%$ . The Ki-67 proliferation index was divided into three groups, including low (Ki-67 $\leq 15\%$ ), medium (Ki-67, 16-30%), and high (Ki-67 $>30\%$ ) (13, 14).

### 2.3. Statistical Analysis

The collected data were analyzed in SPSS software (version 21) using the Chi-square test (*P*-value at the significance level of  $<0.05$ ) and the correlation test (*R* at the significance level of 0.3).

## 3. Results

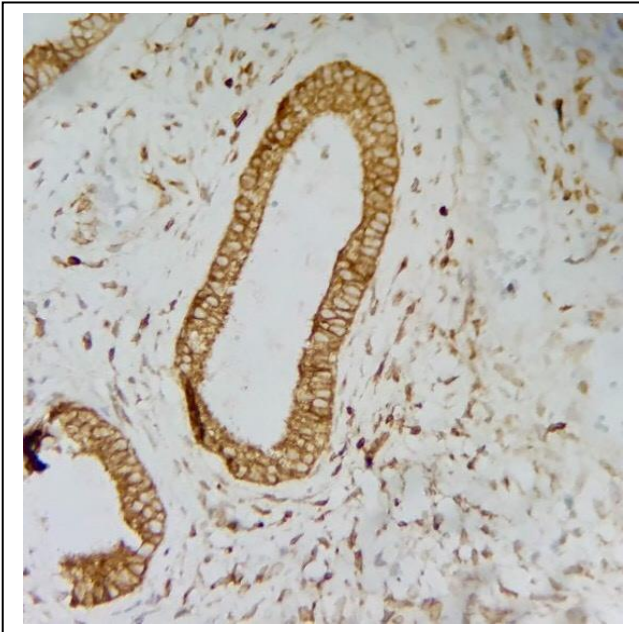
### 3.1. Immunohistochemically Detection of Ki-67

A total of 60 endometrial samples were included in this study from simple hyperplasia (n=10), complex hyperplasia (n=20), atypical hyperplasia (n=6), and endometrial carcinoma (n=24). Expression and localization of Ki-67 in the aforementioned endometrial tissues were examined immunohistochemically. The findings showed differences in the degree of the intensity staining and percentage of positively stained cells among the examined tissues.

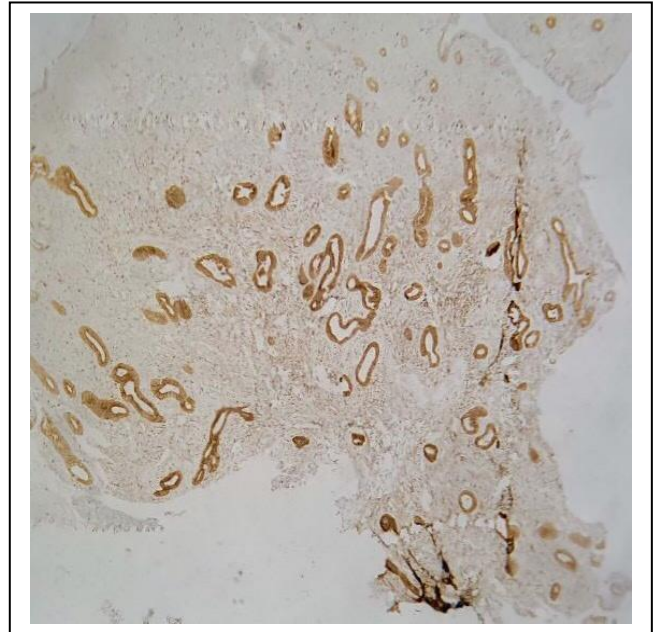
The percentage of positive staining results in simple hyperplasia was markedly lower than 40% (4/10 patients) (Figure 1). However, complex hyperplasia (Figures 2 and 3) and typical hyperplasia demonstrated significant over the expression of Ki-67 protein at 80% (16/20 cases) and 100% (6/6 cases), respectively. Similarly, Ki-67 was expressed in 100% (24/24) of cases with endometrial carcinoma (Figure 4). The expression levels of Ki-67 in different endometrial tissues are shown in table 1.

### 3.2. Association between Ki-67 Expression and Clinical Grading of Endometrial Carcinoma

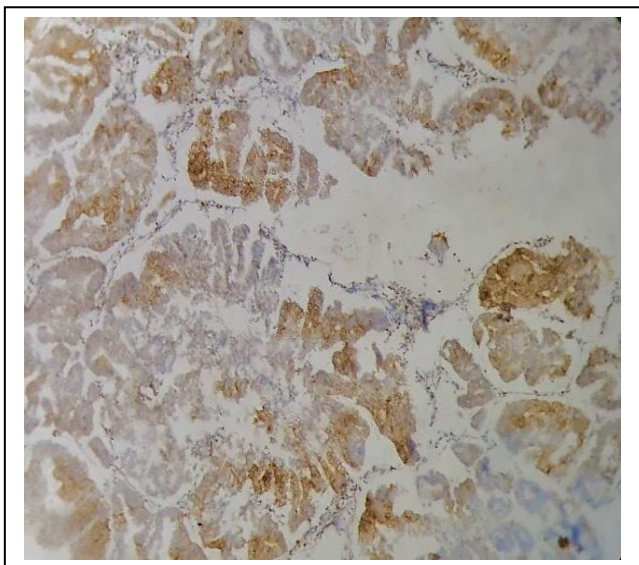
There was an association between the expression of Ki-67, and the clinical grading of endometrial carcinoma is presented in table 2. The incidence of positively-stained tumor cells with Ki-67 tended to be more frequent as the cancer grade increased (*P*-value=0.0013). No significant correlation was obtained between Ki-67 expression level and other variables, age, and histological type of endometrial cancer (*P*-value $>0.05$ ) (Figure 5).



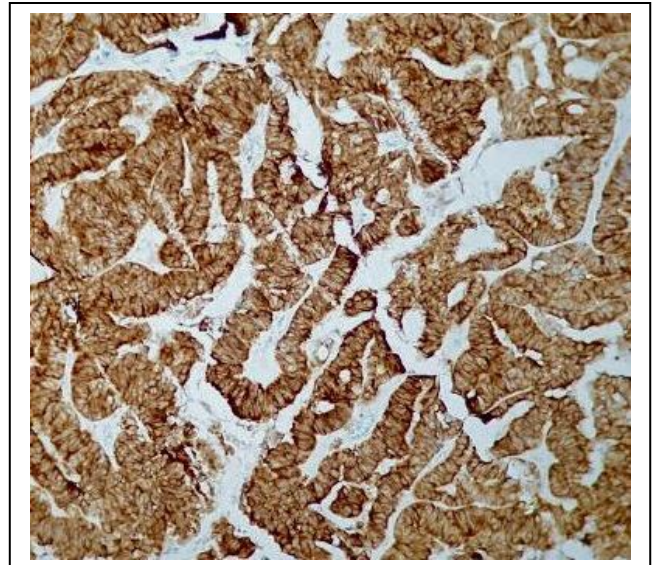
**Figure 1.** Simple hyperplasia immunohistochemistry of intermediate staining pattern of Ki-67 (40X)



**Figure 2.** Complex hyperplasia immunohistochemistry of intermediate staining pattern of Ki-67 (40X)



**Figure 3.** Complex hyperplasia immunohistochemistry of intermediate staining pattern of Ki-67 (40X)



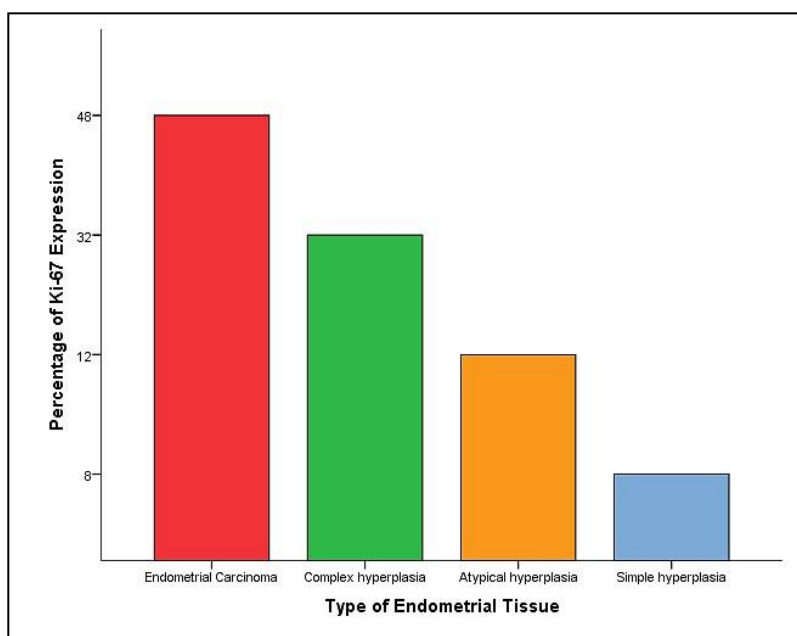
**Figure 4.** Endometrium carcinoma immunohistochemistry of high staining pattern of Ki-67 (40X)

**Table 1.** Expression level of Ki-67 in different endometrial tissues

Type of tissue	Immunostaining of Ki-67		Total	
	Positive	Negative		
Simple hyperplasia	4 (40%)	6 (60%)	10 (16.7%)	<i>P</i> -value=0.0001
Complex hyperplasia	16 (80%)	4 (20%)	20 (33.3%)	
Atypical hyperplasia	6 (100%)	0	6 (10%)	
Endometrial carcinoma	24 (100%)	0	24 (40%)	
Total	50 (83.3%)	10 (16.7%)	60 (100%)	

**Table 2.** Immunostaining of Ki-67 in relation to the grade of endometrial carcinoma

Grade	Immunostaining of Ki-67		Total	
	Positive	Negative		
Grade I	2 (50%)	2 (50%)	4 (16.7%)	<i>P</i> -value=0.0013
Grade II	6 (75%)	2 (25%)	8 (33.3%)	
Grade III	12 (100%)	0	12 (50%)	
Total	20 (83.3%)	4 (16.7%)	24 (100%)	

**Figure 5.** Distribution of positive Ki-67 cases in relation to the type of endometrial tissue

#### 4. Discussion

Ki-67 protein expression is believed to be a valuable marker for cell growth and proliferation (15). Since the growth of tumor tissue depends on its proliferative activity (16), the expression of the Ki-67 proliferative marker was assessed in our study to investigate the potential diagnostic and prognostic roles of this marker in endometrial carcinoma. In a panel of histologically distinct endometrial tissues, the examination of Ki-67 expression showed a rise in Ki-67 expression from 40% to 80% in simple to complex hyperplasia and 100% in both atypical and endometrial carcinoma ( $P$ -value $<0.0001$ ). The results of the current study regarding the Ki-67 over-expression in normal endometrial proliferative glands and stroma to crowding glands showed that the Ki-67 immunostaining is a reliable technique to separate proliferative endometrial lesions with secretory modifications from precursor and neoplastic lesions in atypical hyperplasia and endometrial carcinoma. Furthermore, our findings indicated that the Ki-67 expression could be a marker for endometrial carcinogenesis and tumor cell proliferation. The gradual and progressive increase in the expression of Ki-67 levels among the examined endometrial tissues may be due to the physiological effect of estrogenic stimuli. Therefore, when these two cellular proteins are deregulated, they possibly have a role in endometrial carcinogenesis (15, 17). Although the high mean score of Ki-67 in young women is associated with the increased rate of cellular proliferation and explains a highly aggressive type of carcinoma, there has been a lack of consensus regarding the predictive and prognostic influence of Ki-67 in cancer (18-20). This should be noted that the expression levels of Ki-67 were positively associated with the grade of endometrial cancer. Grade III tumors were stated to have higher scores than grade II and I tumors ( $P$ -value=0.0013). Given the importance of Ki-67 in maintaining cellular growth and proliferation, this correlation between Ki-67 expression patterns across

the examined endometrial cancerous tissues is expected. However, no significant correlation was found with the patient's age or histological type of endometrial cancer ( $P$ -value $>0.05$ ). These findings are broadly consistent with previously reported results documenting a clear correlation between the Ki-67 marker and certain cancer-grade pathological prognostic parameters (21, 22). The recorded data in the current study designated the importance of Ki-67 as a proliferation-associated protein that was differentially expressed in the four investigated histologically different endometrial tissues and demonstrated the highest expression level in endometrial carcinoma samples, compared to other samples. Our analysis revealed that both Ki-67 expression and endometrial cancer grade were positively correlated. Nevertheless, no such results were obtained when the patient's age or cancer histology was considered.

#### 5. Conclusion

Our study was successful in adding details to the existing knowledge and shed the light on Ki-67 value as a potential mitotic indicator and promising prognostic biomarker, along with the cancer grade. In this regard, it is necessary to further analyze Ki-67 to attain additional diagnostic and prognostic information.

#### Authors' Contribution

Study concept and design: R. G. F. and I. A. A. A.

Acquisition of data: R. G. F. and I. A. A. A.

Analysis and interpretation of data: R. G. F.

Drafting of the manuscript: I. A. A. A.

Critical revision of the manuscript for important intellectual content: R. G. F. and I. A. A. A.

Statistical analysis: R. G. F.

Administrative, technical, and material support: R. G. F. and I. A. A. A.

#### Ethics

Ethical clearance was obtained from the Institutes Ethical Clearance Committee.

## Conflict of Interest

The authors declare that they have no conflict of interest.

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