

## Case Study

# First Report of Coccidiosis and Gizzard Erosion in a Zebra Finch (*Taeniopygia guttata*) of Iran

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### ABSTRACT

Coccidiosis and gizzard erosion are rare conditions in cage bird. A male zebra finch was presented with a history of watery diarrhea, anorexia, ruffled feathers, weight loss, and lethargy and died finally. Gross necropsy revealed small areas of erosions and hemorrhages on the gizzard wall. The intestine was oedematous. The spleen appeared pale and small. The testes were asymmetric. Histologically, necrosis of mucosal layer with infiltration of inflammatory cells observed in cecum. *Eimeria* stages were detected in the enterocytes. In Gizzard, hemorrhage and ulceration of mucosal layer with infiltration of polymorphonuclear cells in to the underlying mucosa were seen. In hepatic tissue, mild focal necrosis with mononuclear cells infiltration was seen. The disease was diagnosed as coccidiosis and gizzard erosion.

Keywords: Emeria, Zebra finch, Gizzard erosion, Taeniopygia guttata

### **INTRODUCTION**

Coccidiosis has long been known as an important disease in poultry, and even today, control requires significant financial expenditure (McDougald & Fitz-Coy 2008). Coccidian parasites have a characteristic apical complex of organelles in the infective stages that enable the parasites to enter host cells. These intracellular organisms cause a myriad of diseases in avian species by destroying the cells they invade (Page & Haddad 1995). These parasites are not commonly seen in caged birds because transmission is via the ingestion of sporulated oocysts, which require warm, moist environments in which to sporulate and become infective (Macwhirter 1994, Clyde & Patton 1996; Scott 1996, Madill 2000). Coccidia, primarily belonging to the *Isospora* and *Eimeria* genera, have been found in many passerines, although the exact species found in Gouldian finches has not been recorded (Bauck & Brash 1999).

Gizzard erosions and ulcers in chickens have been associated with diets that are deficient in vitamin  $B_6$ (Daghir 1981) or with the ingestion of histamine (Harry EG and Tucker 1976), gizzerosine (Okazaki *et al* 1983), and mycotoxins (Hoerr *et al* 1982). Gizzard erosion is a rare condition in caged bird. There is thus

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insufficient information on the occurrence of gizzard and other organ lesions in avian affected by this parasite. The objective of this investigation was to report coccidiosis and gizzard lesion in a zebra finch in Iran.

## **CASE HISTORY**

In September 2009, a male zebra finch was presented to a private veterinary practitioner with a history of watery diarrhea, loss of beak pigmentation, anorexia, ruffled feathers, weight loss and lethargy. The bird died shortly after presentation and necropsy was performed. Gross necropsy revealed small erosions and hemorrhages on the koilin and mucosa of the gizzard wall (Figure 1). The intestine was oedematous and spleen appeared to be pale and small. The testes were asymmetric.



**Figure 1.** Small areas of erosions and hemorrhages on the koilin and mucosa of the gizzard.

Non-sprolated oocysts with micropyle cap and twolayer wall were observed in direct smear of fresh feces. Internal organs were fixed in 7.2 % buffered formalin and transferred to Baharan Pathology Laboratory at Tehran. Thin histologic tissue sections were prepared and stained separately using hematoxylin and eosin (HE) and Gimsa methods.

Microscopically, mucosal necrosis and inflammatory cells infiltration observed in cecum. *Eimeria* life stages in the enterocytes were detected (Figure 3). In Gizzard, hemorrhage and ulceration of mucosal layer with infiltration of polymorphonuclear (PMN) cells in the underlying mucosa were observed (Figure 2). There was no evident of mycotic ventriculitis. In hepatic tissue, mild focal necrosis with mononuclear cells infiltration was seen. Renal tissue was normal, but mild congestion was seen, as well.



**Figure 2.** Ulceration of mucosal layer with infiltration of PMN cells in to the underlying mucosa. (H&E stains.  $10\times$ ,  $40\times$ ).



**Figure 3. A:** Coccidial organisms in the enterocytes (H&E stains,  $40\times$ ) **B:** That same section which showing the coccidial organisms with Gimsa staining (100×).

#### DISCUSSION

Coccidiosis is a disease with universal importance in poultry production (McDougald & itz-Coy 2008) and is a problem in aviary birds (Gill 1987, page & Haddad 1995). *Eimeria* spp. infection is not commonly prevalent in caged birds. Because transmission occurred through the ingestion of sporulated oocysts, which require warm, moist environments in which to sporulate and become infective (Macwhirter 1994, Clyde & Patton 1996, Scott 1996, Madill 2000). Oocysts may survive for many weeks in soil, but survival in cage is limited to a few days because of the heat and the action of molds and bacteria (McDougald & Fitz-Coy 2008) and individual sanitary measures. This case was with a history of enteric disease caused by *Eimeria* Infection. Epithelial cells were destroyed as result of shizogony, causing mild to severe diarrhea. Intestinal villous atrophy and subsequent malabsorption could be occurred (Schmidt & Roberts 1989, Patton 1993, Greiner & Ritchie 1994).

On necropsy, the intestine was edematous. Histologically organisms were presented in enterocytes. Different species of coccidia have different trophisms for different portions of the intestinal tracts (Schmidt *et al* 2003, McDougald & Fitz-Coy 2008). On the other hand, the host specificity of *Eimeria* in birds and mammals is very strict, so that parasites from different species of birds or animals can be considered different species, even though they may have similar-appearing oocysts (McDougald & Fitz-Coy 2008). In some cases, finding organisms in the enterocytes may be the only change (Schmidt *et al* 2003) but in this case, there was a variable nonsuppurative inflammatory response and necrosis.

Isospora and Eimeria genera have been found in many passerines, although the exact species found in Gouldian finches has not been recorded (Bauck & Brash 1999, Gelis 2003). Furthermore, taxonomic difficulties are encountered in identification of species with morphologically similar oocysts which are found with overlapping tissue specificity. Because of the overlapping size, area parasitized, and lack of distinct lesions, it has been difficult to separate Eimeria spp from each other in the duodenum with small oocysts (Oluleye 1982). The predisposing causes in birds were suggested cooler damp weather, immunosuppressive diseases, insects, contaminated equipment, wild birds, dust, prolonged coccidiostats therapy and disinfectants, neoplastic diseases, over-crowded social needs. environment and stocking with compatible species (Gill 1987, Clyde & Patton 1996, Joseph 2003, McDougald & Fitz-Coy 2008). In Gizzard, hemorrhage and

ulceration of mucosal layer with infiltration of PMN cells in to the underlying mucosa were seen. There was no evident of mycotic ventriculitis. Gizzard erosions and ulcers in chickens have been associated with diets that are deficient in vitamin B<sub>6</sub> (Daghir 1981) or with the ingestion of histamine (Harry EG & Tucker 1976), gizzerosine (Okazaki *et al* 1983), and mycotoxins (Hoerr *et al* 1982). Gizzard erosions also have been observed at a high rate in the embryos and chicks of broilers (Shibata *et al* 1988). There is thus insufficient information on the occurrence of gizzard and other organ lesions in chickens affected by this disease.

In caged bird, possible nutritional causes and foreign bodies; Erosion and necrosis of the koilin layer can be a sign of gizzard worms in waterfowl and excessive ingestion of very sharp, fine sand in Psittaciformes and also a sign of megabacteriosis in budgerigars (Petrak 1969, Coles 2007, Samour 2008). This condition is commonest in debilitated, aged parrots (Keymer 1958). Keymer (1958) stated that erosion or ulceration of the gizzard lining cause regurgitation. But, there was not any sign of regurgitation in this case. Erosion of the koilin layer, especially at the proventricular junction, may be caused by hypovitaminosis A or by eating highly polyunsaturated fatty acids, such as those present in cod liver oil, when these are not protected by an adequate dietary level of vitamin E (Samour 2008). Adenovirus infections are typically multisystemic, but ventricular lesions are the only lesions noted in some birds (Petrak 1969, Schmidt et al 2003). There were no adenoviral intranuclear inclusion bodies in the gizzard lesions. Fowl adenovirus is associated with naturally occurring outbreaks of inclusion body hepatitis, hydropericardium syndrome, respiratory disease. necrotizing pancreatitis, and gizzard erosion (Ono et al 2003). The cause of gizzard erosions in this study was not conclusively identified.

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